

2000-2001 . .
24-26

2002-2003 . .
2016 .

1 , 100m 2002 - 2003
24.03.2016

I : 1:05.84 / 12 +: 58.00 / 10 +: 1:02.00 /
III : 1:21.00 / I : 1:35.00 / II : 1:13.30 /
II : 1:55.00 / III : 2:14.00

: FINA 2016

1.				02		1:00.92		624
	50m:	29.35	29.35	100m:	1:00.92	31.57		
2.				03		1:02.10	1	589
	50m:	29.76	29.76	100m:	1:02.10	32.34		
3.				03		1:04.43	1	527
	50m:	31.04	31.04	100m:	1:04.43	33.39		
4.				03		1:05.91	2	493
	50m:	31.68	31.68	100m:	1:05.91	34.23		
5.				02 2		1:06.33	2	483
	50m:	31.50	31.50	100m:	1:06.33	34.83		
6.				02 1		1:07.39	2	461
	50m:	32.30	32.30	100m:	1:07.39	35.09		
7.				03 2		1:08.52	2	438
	50m:	33.21	33.21	100m:	1:08.52	35.31		
8.				03 2		1:08.56	2	438
	50m:	33.37	33.37	100m:	1:08.56	35.19		
9.				02 2		1:09.84	2	414
10.				03 2		1:10.13	2	409
	50m:	32.60	32.60	100m:	1:10.13	37.53		
11.				02 2		1:10.47	2	403
	50m:	33.86	33.86	100m:	1:10.47	36.61		
12.				02 2		1:10.55	2	402
	50m:	34.05	34.05	100m:	1:10.55	36.50		
13.				02		1:11.39	2	388
14.				03		1:11.43	2	387
	50m:	34.01	34.01	100m:	1:11.43	37.42		
15.				02 2		1:11.83	2	380
	50m:	34.20	34.20	100m:	1:11.83	37.63		
16.				02 2		1:12.01	2	378
17.				02 2		1:12.38	2	372
	50m:	34.69	34.69	100m:	1:12.38	37.69		
18.				02 2		1:12.98	2	363
19.				02		1:13.22	2	359
	50m:	35.55	35.55	100m:	1:13.22	37.67		
20.				03 2		1:13.82	3	350
21.				02		1:14.51	3	341
	50m:	35.25	35.25	100m:	1:14.51	39.26		

ALGE SWIM TIME

50m

Splash Meet Manager 11, 11.41395

Registered to Volga Federal District/Republic of Bashkortostan

28.03.2016 9:47 -

1



2000-2001 . .
24-26

2002-2003 . .
2016 .

1, , 100m				2002 - 2003			
22.			03 3			1:14.54	3 340
	50m: 35.31	35.31	100m: 1:14.54	39.23			
23.			02 3			1:15.24	3 331
24.			02 2			1:15.41	3 329
25.			03 3			1:18.04	3 297
	50m: 37.84	37.84	100m: 1:18.04	40.20			
26.			03 3			1:19.91	3 276
27.			03 3			1:20.24	3 273
	50m: 38.85	38.85	100m: 1:20.24	41.39			
28.			03			1:21.37	1 262
	50m: 37.64	37.64	100m: 1:21.37	43.73			
29.			02 3			1:22.18	1 254
	50m: 39.29	39.29	100m: 1:22.18	42.89			
30.			03			1:23.91	1 238
	50m: 39.96	39.96	100m: 1:23.91	43.95			
31.			03 3			1:24.02	1 238
	50m: 38.70	38.70	100m: 1:24.02	45.32			

24.03.2016 2 , 100m 2000 - 2001

I	: 58.80 /	12 +: 52.00 /	10 +: 55.40 /	
III	: 1:12.50 /	I	: 1:25.00 /	II : 1:05.00 /
II	: 1:45.00 /	III	: 2:05.00	

: FINA 2016

1.			00			54.21	647
	50m: 25.71	25.71	100m: 54.21	28.50			
2.			01 1			54.82	626
	50m: 26.68	26.68	100m: 54.82	28.14			
3.			00			54.90	623
	50m: 26.47	26.47	100m: 54.90	28.43			
4.			00			55.09	617
	50m: 26.43	26.43	100m: 55.09	28.66			
5.			00 1			55.76	1 595
	50m: 26.79	26.79	100m: 55.76	28.97			
6.			01 1			56.64	1 568
	50m: 27.30	27.30	100m: 56.64	29.34			
7.			00 1			56.85	1 561
	50m: 27.51	27.51	100m: 56.85	29.34			
8.			00 1			57.82	1 534
	50m: 27.86	27.86	100m: 57.82	29.96			

ALGE SWIM TIME

50m

Splash Meet Manager 11, 11.41395

Registered to Volga Federal District/Republic of Bashkortostan

28.03.2016 9:47 -

2



2000-2001 . .
 , 24-26

2002-2003 . .
 2016 .

	2,	, 100m	,	2000 - 2001			
9.			01		58.89	2	505
	50m:	28.04 28.04	100m:	58.89 30.85			
10.			01 2		59.29	2	495
	50m:	27.76 27.76	100m:	59.29 31.53			
11.			01		59.38	2	493
	50m:	28.69 28.69	100m:	59.38 30.69			
12.			01		1:00.00	2	477
	50m:	28.33 28.33	100m:	1:00.00 31.67			
13.			00 2		1:00.02	2	477
	50m:	28.47 28.47	100m:	1:00.02 31.55			
14.			00 2		1:00.34	2	469
	50m:	28.31 28.31	100m:	1:00.34 32.03			
15.			00 1		1:00.38	2	468
	50m:	28.56 28.56	100m:	1:00.38 31.82			
16.			00 2		1:00.53	2	465
	50m:	28.41 28.41	100m:	1:00.53 32.12			
17.			00 2		1:00.63	2	463
	50m:	28.16 28.16	100m:	1:00.63 32.47			
18.			00 2		1:00.64	2	462
	50m:	28.94 28.94	100m:	1:00.64 31.70			
19.			00 2		1:00.88	2	457
	50m:	29.24 29.24	100m:	1:00.88 31.64			
20.			00 2		1:01.01	2	454
	50m:	29.06 29.06	100m:	1:01.01 31.95			
21.			01 2		1:01.21	2	450
	50m:	28.86 28.86	100m:	1:01.21 32.35			
22.			00 2		1:01.56	2	442
	50m:	28.13 28.13	100m:	1:01.56 33.43			
23.			01 2		1:02.19	2	429
	50m:	29.91 29.91	100m:	1:02.19 32.28			
24.			01		1:02.69	2	418
	50m:	30.69 30.69	100m:	1:02.69 32.00			
25.			01 2		1:03.05	2	411
	50m:	31.10 31.10	100m:	1:03.05 31.95			
26.			01 2		1:03.46	2	403
	50m:	29.96 29.96	100m:	1:03.46 33.50			
27.			00 2		1:03.85	2	396
	50m:	28.72 28.72	100m:	1:03.85 35.13			
28.			01 2		1:04.00	2	393
	50m:	30.35 30.35	100m:	1:04.00 33.65			

ALGE SWIM TIME

50m

Splash Meet Manager 11, 11.41395

Registered to Volga Federal District/Republic of Bashkortostan

28.03.2016 9:47 -

3



2000-2001 . .
 , 24-26

2002-2003 . .
 2016 .

		2, , 100m				2000 - 2001			
29.	,			01		1:04.03	2	393	
	50m:	30.60	30.60	100m:	1:04.03	33.43			
30.	,			01 3		1:04.31	2	388	
	50m:	30.06	30.06	100m:	1:04.31	34.25			
31.	,			01 2		1:04.37	2	387	
	50m:	29.80	29.80	100m:	1:04.37	34.57			
32.	,			00 3		1:04.41	2	386	
	50m:	29.50	29.50	100m:	1:04.41	34.91			
33.	,			01 3		1:04.87	2	378	
	50m:	29.43	29.43	100m:	1:04.87	35.44			
34.	,			00		1:05.99	3	359	
	50m:	30.63	30.63	100m:	1:05.99	35.36			
35.	,			01 2		1:06.05	3	358	
	50m:	30.24	30.24	100m:	1:06.05	35.81			
36.	,			01 3		1:07.91	3	329	
	50m:	32.44	32.44	100m:	1:07.91	35.47			
37.	,			01 2		1:08.68	3	318	
	50m:	32.78	32.78	100m:	1:08.68	35.90			
38.	,			01 3		1:09.10	3	312	
	50m:	32.52	32.52	100m:	1:09.10	36.58			
39.	,			01 3		1:09.32	3	309	
	50m:	33.85	33.85	100m:	1:09.32	35.47			
40.	,			01		1:09.74	3	304	
	50m:	31.88	31.88	100m:	1:09.74	37.86			
41.	,			00 3		1:10.90	3	289	
	50m:	33.93	33.93	100m:	1:10.90	36.97			
42.	,			01		1:11.30	3	284	
	50m:	34.16	34.16	100m:	1:11.30	37.14			
43.	,			00 3		1:12.25	3	273	
	50m:	33.87	33.87	100m:	1:12.25	38.38			
44.	,			01 3		1:14.61	1	248	
	50m:	35.92	35.92	100m:	1:14.61	38.69			
45.	,			01 3		1:16.20	1	233	
	50m:	33.84	33.84	100m:	1:16.20	42.36			



2000-2001 . .
 , 24-26

2002-2003 . .
 2016 .

3 , 200m 2002 - 2003
 24.03.2016

I	: 2:38.50 /	12 +:	2:21.00 /	10 +:	2:28.50 /	
III	: 3:22.00 /	I	.	: 3:49.00 /	II	: 2:59.00 /
II	: 4:25.00 /	III	.	: 5:05.00		

: FINA 2016

1.	,	03	2						2:54.62	2	339
50m:	37.42	37.42	100m:	1:23.61	46.19	150m:	2:09.89	46.28	200m:	2:54.62	44.73
2.	,	03	2						2:55.75	2	332
50m:	35.84	35.84	100m:	1:19.81	43.97	150m:	2:08.15	48.34	200m:	2:55.75	47.60
3.	,	02							3:08.29	3	270
50m:	37.09	37.09	100m:	1:23.26	46.17	150m:	2:15.14	51.88	200m:	3:08.29	53.15
4.	,	02	2						3:27.65	1	201
50m:	41.77	41.77	100m:	1:34.34	52.57	150m:	2:32.22	57.88	200m:	3:27.65	55.43

4 , 200m 2000 - 2001
 24.03.2016

I	: 2:22.00 /	12 +:	2:07.00 /	10 +:	2:14.00 /	
III	: 3:01.00 /	I	.	: 3:25.00 /	II	: 2:40.50 /
II	: 4:00.00 /	III	.	: 4:40.00		

: FINA 2016

1.	,	01	2						2:24.52	2	459
50m:	31.69	31.69	100m:	1:08.22	36.53	150m:	1:46.36	38.14	200m:	2:24.52	38.16
2.	,	01							2:32.08	2	394
50m:	31.82	31.82	100m:	1:09.76	37.94	150m:	1:50.55	40.79	200m:	2:32.08	41.53
3.	,	01	2						2:33.26	2	385
50m:	32.58	32.58	100m:	1:09.50	36.92	150m:	1:49.14	39.64	200m:	2:33.26	44.12
4.	,	00	2						2:36.99	2	358
50m:	33.21	33.21	100m:	1:12.64	39.43	150m:	1:54.07	41.43	200m:	2:36.99	42.92
5.	,	00							2:43.51	3	317
50m:	34.25	34.25	100m:	1:13.35	39.10	150m:	1:57.34	43.99	200m:	2:43.51	46.17

ALGE SWIM TIME

50m

Splash Meet Manager 11, 11.41395

Registered to Volga Federal District/Republic of Bashkortostan

28.03.2016 9:47 -

5



2000-2001 . .
 , 24-26

2002-2003 . .
 2016 .

5 , 100m 2002 - 2003
 24.03.2016

I	: 1:23.00 /	12 +:	1:14.00 /	10 +:	1:18.00 /
III	: 1:43.50 /	I	:	2:08.00 /	II
II	:	2:18.00 /	III	:	2:39.00
					: 1:31.50 /

: FINA 2016

1.	,			03 2					1:19.31	1	534
	50m:	36.98	36.98	100m:	1:19.31	42.33					
2.	,			02 2					1:25.05	2	433
	50m:	39.95	39.95	100m:	1:25.05	45.10					
3.	,			02 2					1:25.42	2	427
	50m:	40.07	40.07	100m:	1:25.42	45.35					
4.	,			03 2					1:25.67	2	423
	50m:	40.45	40.45	100m:	1:25.67	45.22					
5.	,			03					1:27.02	2	404
	50m:	40.98	40.98	100m:	1:27.02	46.04					
6.	,			03 2					1:27.93	2	391
	50m:	41.58	41.58	100m:	1:27.93	46.35					
7.	,			02 2					1:28.81	2	380
	50m:	39.87	39.87	100m:	1:28.81	48.94					
8.	,			03 3					1:29.67	2	369
	50m:	42.51	42.51	100m:	1:29.67	47.16					
9.	,			02 3					1:34.19	3	318
	50m:	43.14	43.14	100m:	1:34.19	51.05					
10.	,			03 3					1:34.63	3	314
	50m:	44.29	44.29	100m:	1:34.63	50.34					
11.	,			03 2					1:36.46	3	296
	50m:	45.10	45.10	100m:	1:36.46	51.36					
12.	,			02					1:37.03	3	291
	50m:	44.79	44.79	100m:	1:37.03	52.24					
13.	,			03 3					1:37.90	3	283
	50m:	46.63	46.63	100m:	1:37.90	51.27					
14.	,			03 2					1:38.16	3	281
	50m:	45.58	45.58	100m:	1:38.16	52.58					
15.	,			03 3					1:42.06	3	250
	50m:	48.83	48.83	100m:	1:42.06	53.23					
16.	,			03					1:42.83	3	245
	50m:	47.73	47.73	100m:	1:42.83	55.10					
17.	,			03					1:43.47	3	240
	50m:	50.90	50.90	100m:	1:43.47	52.57					

ALGE SWIM TIME

50m

Splash Meet Manager 11, 11.41395

Registered to Volga Federal District/Republic of Bashkortostan

28.03.2016 9:47 -

6



2000-2001 . .
24-26

2002-2003 . .
2016 .

6 , 100m 2000 - 2001
24.03.2016

I	: 1:13.50 /	12 +:	1:05.00 /	10 +:	1:09.00 /
III	: 1:30.00 /	I	.	:	1:46.00 /
II	:	2:05.00 /	III	.	:
					II : 1:22.00 /
					: 2:25.00

: FINA 2016

1.				00				1:07.55		630
	50m:	31.89	31.89	100m:	1:07.55	35.66				
2.				00				1:08.86		595
	50m:	32.92	32.92	100m:	1:08.86	35.94				
3.				00 1				1:09.78	1	571
	50m:	32.57	32.57	100m:	1:09.78	37.21				
4.				00 1				1:10.08	1	564
	50m:	33.04	33.04	100m:	1:10.08	37.04				
5.				01 1				1:10.24	1	560
	50m:	32.76	32.76	100m:	1:10.24	37.48				
6.				01				1:12.62	1	507
	50m:	33.46	33.46	100m:	1:12.62	39.16				
7.				01 2				1:13.92	2	481
	50m:	33.92	33.92	100m:	1:13.92	40.00				
8.				00 1				1:14.71	2	465
	50m:	33.16	33.16	100m:	1:14.71	41.55				
9.				01 2				1:14.91	2	462
	50m:	35.01	35.01	100m:	1:14.91	39.90				
10.				00 2				1:16.15	2	440
	50m:	35.86	35.86	100m:	1:16.15	40.29				
11.				00 2				1:17.79	2	412
	50m:	36.45	36.45	100m:	1:17.79	41.34				
12.				01 2				1:17.82	2	412
	50m:	35.61	35.61	100m:	1:17.82	42.21				
13.				01 2				1:17.97	2	409
	50m:	36.99	36.99	100m:	1:17.97	40.98				
14.				01 2				1:19.35	2	388
	50m:	38.13	38.13	100m:	1:19.35	41.22				
15.				01 2				1:19.42	2	387
	50m:	36.87	36.87	100m:	1:19.42	42.55				
16.				01 2				1:22.93	3	340
	50m:	38.72	38.72	100m:	1:22.93	44.21				
17.				00				1:22.97	3	340
	50m:	38.83	38.83	100m:	1:22.97	44.14				
18.				01 2				1:23.19	3	337
	50m:	37.19	37.19	100m:	1:23.19	46.00				

ALGE SWIM TIME

50m

Splash Meet Manager 11, 11.41395

Registered to Volga Federal District/Republic of Bashkortostan

28.03.2016 9:47 -

7



2000-2001 2002-2003
 , 24-26 2016 .

6, , 100m , 2000 - 2001											
19.				00					1:26.00	3	305
	50m:	38.13	38.13	100m:	1:26.00	47.87					
20.				01					1:27.89	3	286
	50m:	39.65	39.65	100m:	1:27.89	48.24					
21.				01 3					1:33.46	1	238
	50m:	42.47	42.47	100m:	1:33.46	50.99					
22.				00					1:35.31	1	224
	50m:	42.54	42.54	100m:	1:35.31	52.77					

7 , 200m 2002 - 2003
 24.03.2016

I	: 2:39.00 /	12 +: 2:22.00 /	10 +: 2:30.00 /
III	: 3:20.00 /	I	: 3:54.00 / II
II	: 4:39.00 /	III	: 5:19.00

: FINA 2016

1.				02 2					2:33.03	1	532	
	50m:	35.44	35.44	100m:	1:13.80	38.36	150m:	1:54.47	40.67	200m:	2:33.03	38.56
2.				03					2:42.18	2	447	
	50m:	37.98	37.98	100m:	1:18.78	40.80	150m:	2:01.09	42.31	200m:	2:42.18	41.09
3.				02					2:44.59	2	428	
	50m:	38.10	38.10	100m:	1:20.37	42.27	150m:	2:03.73	43.36	200m:	2:44.59	40.86
4.				03 2					2:51.96	2	375	
	50m:	40.09	40.09	100m:	1:23.84	43.75	150m:	2:08.21	44.37	200m:	2:51.96	43.75
5.				03 2					2:54.21	2	361	
	50m:	40.09	40.09	100m:	1:24.38	44.29	150m:	2:09.94	45.56	200m:	2:54.21	44.27
6.				03 3					2:55.88	2	350	
	50m:	39.11	39.11	100m:	1:24.13	45.02	150m:	2:11.34	47.21	200m:	2:55.88	44.54
7.				02 2					3:01.76	3	317	
	50m:	41.09	41.09	100m:	1:26.36	45.27	150m:	2:14.29	47.93	200m:	3:01.76	47.47
8.				02 2					3:04.76	3	302	
	50m:	41.20	41.20	100m:	1:27.55	46.35	150m:	2:16.94	49.39	200m:	3:04.76	47.82
9.				02 3					3:08.50	3	285	
	50m:	40.03	40.03	100m:	1:27.25	47.22	150m:	2:17.36	50.11	200m:	3:08.50	51.14

ALGE SWIM TIME

50m



2000-2001 . .
 , 24-26

2002-2003 . .
 2016 .

8 , 200m 2000 - 2001
24.03.2016

I	: 2:23.50 /	12 +:	2:08.80 /	10 +:	2:15.50 /	
III	: 3:00.00 /	I	.	: 3:28.00 /	II	: 2:40.00 /
II	: 4:14.00 /	III	.	: 4:54.00		

: FINA 2016

1.	,	00								2:18.63	1	526
	50m:	31.30	31.30	100m:	1:06.05	34.75	150m:	1:42.00	35.95	200m:	2:18.63	36.63
2.	,	00	1							2:22.63	1	483
	50m:	32.91	32.91	100m:	1:09.48	36.57	150m:	1:46.29	36.81	200m:	2:22.63	36.34
3.	,	00	2							2:25.52	2	454
	50m:	33.96	33.96	100m:	1:10.69	36.73	150m:	1:48.24	37.55	200m:	2:25.52	37.28
4.	,	01	2							2:30.51	2	411
	50m:	35.23	35.23	100m:	1:12.71	37.48	150m:	1:51.81	39.10	200m:	2:30.51	38.70
5.	,	01	2							2:41.35	3	333
	50m:	36.23	36.23	100m:	1:17.54	41.31	150m:	1:59.88	42.34	200m:	2:41.35	41.47
6.	,	00	2							2:42.19	3	328
	50m:	35.56	35.56	100m:	1:16.35	40.79	150m:	1:59.60	43.25	200m:	2:42.19	42.59
7.	,	01	2							2:42.77	3	325
	50m:	36.48	36.48	100m:	1:17.07	40.59	150m:	2:00.19	43.12	200m:	2:42.77	42.58
8.	,	01	3							2:55.18	3	260
	50m:	38.59	38.59	100m:	1:23.63	45.04	150m:	2:10.23	46.60	200m:	2:55.18	44.95
9.	,	00								3:12.88	1	195
	50m:	41.41	41.41	100m:	1:29.21	47.80	150m:	2:20.98	51.77	200m:	3:12.88	51.90
10.	,	01	3							3:17.09	1	183
11.	,	01								3:20.78	1	173
	50m:	39.25	39.25	100m:	1:29.13	49.88	150m:	2:24.47	55.34	200m:	3:20.78	56.31

9 , 1500m 2000 - 2001
24.03.2016

I	: 18:45.00 /	12 +:	16:07.00 /	10 +:	17:45.00 /
III	: 24:00.00 /	I	.	: 28:02.50 /	
II	: 21:00.00 /	II	.	: 32:02.50 /	
III	: 36:02.50				

: FINA 2016

1.	,	00									17:55.82	1	530
	50m:	31.84	31.84	450m:	5:14.36	36.06	850m:	10:07.63	36.68	1250m:	14:58.12	36.40	
	100m:	1:05.56	33.72	500m:	5:50.90	36.54	900m:	10:44.28	36.65	1300m:	15:34.98	36.86	
	150m:	1:40.64	35.08	550m:	6:27.74	36.84	950m:	11:21.35	37.07	1350m:	16:10.83	35.85	
	200m:	2:15.92	35.28	600m:	7:04.36	36.62	1000m:	11:58.17	36.82	1400m:	16:46.94	36.11	
	250m:	2:49.98	34.06	650m:	7:41.12	36.76	1050m:	12:31.74	33.57	1450m:	17:22.92	35.98	
	300m:	3:25.48	35.50	700m:	8:17.59	36.47	1100m:	13:08.91	37.17	1500m:	17:55.82	32.90	
	350m:	4:01.63	36.15	750m:	8:54.28	36.69	1150m:	13:45.88	36.97				
	400m:	4:38.30	36.67	800m:	9:30.95	36.67	1200m:	14:21.72	35.84				

ALGE SWIM TIME

50m

Splash Meet Manager 11, 11.41395

Registered to Volga Federal District/Republic of Bashkortostan

28.03.2016 9:47 -

9



2000-2001 . .
 , 24-26

2002-2003 . .
 2016 .

9, , 1500m		2000 - 2001												
2.			00	1								17:59.35	1	525
	50m:	31.22	31.22	450m:	5:16.06	36.39	850m:	10:06.73	36.78	1250m:	14:58.07	36.46		
	100m:	1:05.27	34.05	500m:	5:51.85	35.79	900m:	10:43.44	36.71	1300m:	15:34.65	36.58		
	150m:	1:40.16	34.89	550m:	6:28.34	36.49	950m:	11:20.24	36.80	1350m:	16:11.39	36.74		
	200m:	2:15.52	35.36	600m:	7:04.51	36.17	1000m:	11:56.60	36.36	1400m:	16:47.68	36.29		
	250m:	2:51.41	35.89	650m:	7:40.75	36.24	1050m:	12:33.09	36.49	1450m:	17:23.75	36.07		
	300m:	3:27.22	35.81	700m:	8:16.95	36.20	1100m:	13:09.32	36.23	1500m:	17:59.35	35.60		
	350m:	4:03.72	36.50	750m:	8:53.69	36.74	1150m:	13:45.30	35.98					
	400m:	4:39.67	35.95	800m:	9:29.95	36.26	1200m:	14:21.61	36.31					
3.			00	1								18:08.76	1	512
	50m:	31.73	31.73	450m:	5:20.44	36.82	850m:	10:13.36	36.96	1250m:	15:06.57	36.40		
	100m:	1:07.15	35.42	500m:	5:57.10	36.66	900m:	10:50.36	37.00	1300m:	15:43.54	36.97		
	150m:	1:42.82	35.67	550m:	6:33.45	36.35	950m:	11:27.36	37.00	1350m:	16:19.98	36.44		
	200m:	2:18.78	35.96	600m:	7:10.05	36.60	1000m:	12:04.08	36.72	1400m:	16:56.87	36.89		
	250m:	2:54.80	36.02	650m:	7:46.61	36.56	1050m:	12:40.37	36.29	1450m:	17:33.17	36.30		
	300m:	3:30.81	36.01	700m:	8:23.18	36.57	1100m:	13:16.97	36.60	1500m:	18:08.76	35.59		
	350m:	4:07.13	36.32	750m:	8:59.78	36.60	1150m:	13:53.60	36.63					
	400m:	4:43.62	36.49	800m:	9:36.40	36.62	1200m:	14:30.17	36.57					
4.			01	1								18:13.99	1	504
	50m:	31.66	31.66	450m:	5:20.72	36.92	850m:	10:15.24	36.82	1250m:	15:12.72	37.24		
	100m:	1:06.23	34.57	500m:	5:57.28	36.56	900m:	10:52.64	37.40	1300m:	15:50.00	37.28		
	150m:	1:41.67	35.44	550m:	6:34.07	36.79	950m:	11:29.91	37.27	1350m:	16:27.15	37.15		
	200m:	2:18.01	36.34	600m:	7:10.80	36.73	1000m:	12:07.06	37.15	1400m:	17:04.68	37.53		
	250m:	2:54.26	36.25	650m:	7:47.41	36.61	1050m:	12:44.31	37.25	1450m:	17:40.30	35.62		
	300m:	3:30.75	36.49	700m:	8:24.37	36.96	1100m:	13:21.63	37.32	1500m:	18:13.99	33.69		
	350m:	4:07.10	36.35	750m:	9:01.43	37.06	1150m:	13:58.11	36.48					
	400m:	4:43.80	36.70	800m:	9:38.42	36.99	1200m:	14:35.48	37.37					
5.			00	1								18:16.17	1	501
	50m:	31.13	31.13	450m:	5:15.20	36.49	850m:	10:09.31	37.51	1250m:	15:09.32	38.46		
	100m:	1:05.56	34.43	500m:	5:51.25	36.05	900m:	10:46.98	37.67	1300m:	15:48.10	38.78		
	150m:	1:40.69	35.13	550m:	6:28.07	36.82	950m:	11:24.58	37.60	1350m:	16:25.38	37.28		
	200m:	2:15.64	34.95	600m:	7:04.65	36.58	1000m:	12:02.51	37.93	1400m:	17:03.73	38.35		
	250m:	2:50.85	35.21	650m:	7:41.06	36.41	1050m:	12:39.51	37.00	1450m:	17:41.43	37.70		
	300m:	3:26.05	35.20	700m:	8:17.72	36.66	1100m:	13:16.62	37.11	1500m:	18:16.17	34.74		
	350m:	4:02.21	36.16	750m:	8:54.88	37.16	1150m:	13:53.57	36.95					
	400m:	4:38.71	36.50	800m:	9:31.80	36.92	1200m:	14:30.86	37.29					
6.			01									18:18.54	1	498
	50m:	31.85	31.85	450m:	5:21.75	36.96	850m:	10:16.67	37.38	1250m:	15:13.89	37.67		
	100m:	1:07.69	35.84	500m:	5:58.60	36.85	900m:	10:53.61	36.94	1300m:	15:51.33	37.44		
	150m:	1:43.34	35.65	550m:	6:35.28	36.68	950m:	11:30.87	37.26	1350m:	16:28.61	37.28		
	200m:	2:19.26	35.92	600m:	7:11.80	36.52	1000m:	12:07.84	36.97	1400m:	17:05.71	37.10		
	250m:	2:55.21	35.95	650m:	7:48.64	36.84	1050m:	12:45.16	37.32	1450m:	17:42.79	37.08		
	300m:	3:31.83	36.62	700m:	8:25.47	36.83	1100m:	13:21.96	36.80	1500m:	18:18.54	35.75		
	350m:	4:08.30	36.47	750m:	9:02.69	37.22	1150m:	13:59.17	37.21					
	400m:	4:44.79	36.49	800m:	9:39.29	36.60	1200m:	14:36.22	37.05					



2000-2001 . .
 , 24-26

2002-2003 . .
 2016 .

9, , 1500m		2000 - 2001												
7.		01	2									18:24.34	1	490
	50m: 32.11	32.11	450m: 5:24.91	36.61	850m: 10:22.41	37.37	1250m: 15:18.76	36.99						
	100m: 1:07.95	35.84	500m: 6:02.12	37.21	900m: 10:59.65	37.24	1300m: 15:56.27	37.51						
	150m: 1:44.47	36.52	550m: 6:39.07	36.95	950m: 11:36.67	37.02	1350m: 16:33.79	37.52						
	200m: 2:21.01	36.54	600m: 7:16.23	37.16	1000m: 12:13.75	37.08	1400m: 17:11.53	37.74						
	250m: 2:57.63	36.62	650m: 7:53.24	37.01	1050m: 12:50.96	37.21	1450m: 17:48.59	37.06						
	300m: 3:34.75	37.12	700m: 8:30.45	37.21	1100m: 13:27.92	36.96	1500m: 18:24.34	35.75						
	350m: 4:11.55	36.80	750m: 9:07.38	36.93	1150m: 14:04.63	36.71								
	400m: 4:48.30	36.75	800m: 9:45.04	37.66	1200m: 14:41.77	37.14								
8.		01	2									18:36.62	1	474
	50m: 30.70	30.70	450m: 5:22.47	37.39	850m: 10:25.53	38.23	1250m: 15:31.42	38.41						
	100m: 1:05.19	34.49	500m: 5:59.49	37.02	900m: 11:03.54	38.01	1300m: 16:09.62	38.20						
	150m: 1:40.91	35.72	550m: 6:37.34	37.85	950m: 11:42.36	38.82	1350m: 16:47.43	37.81						
	200m: 2:17.05	36.14	600m: 7:15.05	37.71	1000m: 12:20.40	38.04	1400m: 17:25.00	37.57						
	250m: 2:53.83	36.78	650m: 7:53.20	38.15	1050m: 12:59.24	38.84	1450m: 18:02.41	37.41						
	300m: 3:30.62	36.79	700m: 8:31.01	37.81	1100m: 13:37.02	37.78	1500m: 18:36.62	34.21						
	350m: 4:07.91	37.29	750m: 9:09.19	38.18	1150m: 14:15.73	38.71								
	400m: 4:45.08	37.17	800m: 9:47.30	38.11	1200m: 14:53.01	37.28								
9.		01	1									18:55.68	2	451
	50m: 32.37	32.37	450m: 5:28.62	37.62	850m: 10:34.30	38.60	1250m: 15:43.30	38.62						
	100m: 1:08.37	36.00	500m: 6:06.53	37.91	900m: 11:12.88	38.58	1300m: 16:22.23	38.93						
	150m: 1:45.40	37.03	550m: 6:44.38	37.85	950m: 11:51.19	38.31	1350m: 17:01.35	39.12						
	200m: 2:22.26	36.86	600m: 7:22.39	38.01	1000m: 12:29.65	38.46	1400m: 17:39.97	38.62						
	250m: 2:59.03	36.77	650m: 8:00.31	37.92	1050m: 13:08.61	38.96	1450m: 18:18.96	38.99						
	300m: 3:35.96	36.93	700m: 8:38.44	38.13	1100m: 13:47.22	38.61	1500m: 18:55.68	36.72						
	350m: 4:13.44	37.48	750m: 9:17.07	38.63	1150m: 14:26.10	38.88								
	400m: 4:51.00	37.56	800m: 9:55.70	38.63	1200m: 15:04.68	38.58								
10.		00	2									19:01.74	2	443
	50m: 30.08	30.08	450m: 5:23.50	37.76	850m: 10:31.50	39.12	1250m: 15:46.26	39.68						
	100m: 1:04.68	34.60	500m: 6:01.02	37.52	900m: 11:10.77	39.27	1300m: 16:26.14	39.88						
	150m: 1:40.85	36.17	550m: 6:39.25	38.23	950m: 11:49.67	38.90	1350m: 17:05.51	39.37						
	200m: 2:17.38	36.53	600m: 7:17.66	38.41	1000m: 12:29.10	39.43	1400m: 17:44.70	39.19						
	250m: 2:54.30	36.92	650m: 7:56.38	38.72	1050m: 13:08.67	39.57	1450m: 18:24.22	39.52						
	300m: 3:31.33	37.03	700m: 8:34.86	38.48	1100m: 13:47.83	39.16	1500m: 19:01.74	37.52						
	350m: 4:08.58	37.25	750m: 9:13.57	38.71	1150m: 14:27.25	39.42								
	400m: 4:45.74	37.16	800m: 9:52.38	38.81	1200m: 15:06.58	39.33								
11.		01	2									19:07.21	2	437
	50m: 33.30	33.30	450m: 5:36.59	38.25	850m: 10:44.48	38.81	1250m: 15:54.07	38.53						
	100m: 1:10.02	36.72	500m: 6:15.25	38.66	900m: 11:22.81	38.33	1300m: 16:33.19	39.12						
	150m: 1:48.13	38.11	550m: 6:53.39	38.14	950m: 12:01.68	38.87	1350m: 17:11.49	38.30						
	200m: 2:25.59	37.46	600m: 7:31.96	38.57	1000m: 12:40.34	38.66	1400m: 17:50.81	39.32						
	250m: 3:03.84	38.25	650m: 8:10.34	38.38	1050m: 13:18.88	38.54	1450m: 18:28.61	37.80						
	300m: 3:41.52	37.68	700m: 8:49.24	38.90	1100m: 13:57.87	38.99	1500m: 19:07.21	38.60						
	350m: 4:20.16	38.64	750m: 9:27.21	37.97	1150m: 14:36.75	38.88								
	400m: 4:58.34	38.18	800m: 10:05.67	38.46	1200m: 15:15.54	38.79								



2000-2001 . .
 , 24-26

2002-2003 . .
 2016 .

9, , 1500m		2000 - 2001											
12.			01	2							19:12.78	2	431
	50m:	33.43	33.43	450m:	5:35.77	38.67	850m:	10:47.23	38.40	1250m:	16:01.13	39.62	
	100m:	1:09.17	35.74	500m:	6:14.91	39.14	900m:	11:25.64	38.41	1300m:	16:39.50	38.37	
	150m:	1:46.07	36.90	550m:	6:54.29	39.38	950m:	12:04.30	38.66	1350m:	17:18.79	39.29	
	200m:	2:23.77	37.70	600m:	7:32.68	38.39	1000m:	12:44.14	39.84	1400m:	17:58.00	39.21	
	250m:	3:01.94	38.17	650m:	8:12.28	39.60	1050m:	13:24.19	40.05	1450m:	18:36.23	38.23	
	300m:	3:40.18	38.24	700m:	8:51.62	39.34	1100m:	14:03.45	39.26	1500m:	19:12.78	36.55	
	350m:	4:18.18	38.00	750m:	9:30.06	38.44	1150m:	14:42.23	38.78				
	400m:	4:57.10	38.92	800m:	10:08.83	38.77	1200m:	15:21.51	39.28				
13.			01	2							19:13.32	2	430
	50m:	35.57	35.57	450m:	5:43.02	38.53	850m:	10:53.60	38.58	1250m:	16:05.63	39.36	
	100m:	1:13.32	37.75	500m:	6:21.50	38.48	900m:	11:32.48	38.88	1300m:	16:44.44	38.81	
	150m:	1:51.58	38.26	550m:	7:00.50	39.00	950m:	12:11.37	38.89	1350m:	17:23.03	38.59	
	200m:	2:30.15	38.57	600m:	7:39.73	39.23	1000m:	12:50.95	39.58	1400m:	18:01.42	38.39	
	250m:	3:08.67	38.52	650m:	8:18.31	38.58	1050m:	13:29.80	38.85	1450m:	18:39.26	37.84	
	300m:	3:47.10	38.43	700m:	8:57.58	39.27	1100m:	14:08.70	38.90	1500m:	19:13.32	34.06	
	350m:	4:25.72	38.62	750m:	9:36.45	38.87	1150m:	14:47.69	38.99				
	400m:	5:04.49	38.77	800m:	10:15.02	38.57	1200m:	15:26.27	38.58				
14.			01	2							19:38.29	2	403
	50m:	33.26	33.26	450m:	5:44.90	39.24	850m:	11:01.36	39.62	1250m:	16:21.40	40.55	
	100m:	1:11.34	38.08	500m:	6:24.32	39.42	900m:	11:41.37	40.01	1300m:	17:01.26	39.86	
	150m:	1:49.81	38.47	550m:	7:03.72	39.40	950m:	12:21.38	40.01	1350m:	17:41.21	39.95	
	200m:	2:28.83	39.02	600m:	7:43.45	39.73	1000m:	13:01.21	39.83	1400m:	18:21.15	39.94	
	250m:	3:07.88	39.05	650m:	8:22.74	39.29	1050m:	13:40.80	39.59	1450m:	19:00.30	39.15	
	300m:	3:47.08	39.20	700m:	9:02.41	39.67	1100m:	14:21.21	40.41	1500m:	19:38.29	37.99	
	350m:	4:26.34	39.26	750m:	9:41.83	39.42	1150m:	15:01.31	40.10				
	400m:	5:05.66	39.32	800m:	10:21.74	39.91	1200m:	15:40.85	39.54				
15.			01	2							19:53.31	2	388
	50m:	32.48	32.48	450m:	5:44.46	39.46	850m:	11:02.94	40.09	1250m:	16:29.80	39.68	
	100m:	1:09.83	37.35	500m:	6:25.10	40.64	900m:	11:43.78	40.84	1300m:	17:10.26	40.46	
	150m:	1:47.79	37.96	550m:	7:04.67	39.57	950m:	12:24.72	40.94	1350m:	17:51.42	41.16	
	200m:	2:26.69	38.90	600m:	7:44.15	39.48	1000m:	13:05.81	41.09	1400m:	18:32.95	41.53	
	250m:	3:05.80	39.11	650m:	8:24.26	40.11	1050m:	13:46.71	40.90	1450m:	19:13.42	40.47	
	300m:	3:45.40	39.60	700m:	9:03.46	39.20	1100m:	14:27.89	41.18	1500m:	19:53.31	39.89	
	350m:	4:25.04	39.64	750m:	9:43.49	40.03	1150m:	15:08.71	40.82				
	400m:	5:05.00	39.96	800m:	10:22.85	39.36	1200m:	15:50.12	41.41				
16.			01	3							20:51.09	2	337
	50m:	34.85	34.85	450m:	6:07.82	43.09	850m:	11:46.19	43.18	1250m:	17:22.80	42.50	
	100m:	1:14.35	39.50	500m:	6:50.19	42.37	900m:	12:28.58	42.39	1300m:	18:05.38	42.58	
	150m:	1:55.20	40.85	550m:	7:31.55	41.36	950m:	13:10.15	41.57	1350m:	18:48.06	42.68	
	200m:	2:36.78	41.58	600m:	8:14.84	43.29	1000m:	13:52.52	42.37	1400m:	19:30.36	42.30	
	250m:	3:18.98	42.20	650m:	8:57.44	42.60	1050m:	14:35.22	42.70	1450m:	20:12.28	41.92	
	300m:	4:00.72	41.74	700m:	9:38.69	41.25	1100m:	15:16.10	40.88	1500m:	20:51.09	38.81	
	350m:	4:42.22	41.50	750m:	10:20.91	42.22	1150m:	15:58.12	42.02				
	400m:	5:24.73	42.51	800m:	11:03.01	42.10	1200m:	16:40.30	42.18				



2000-2001 . .
24-26

2002-2003 . .
2016 .

10				, 4 x 100m				2002 - 2003
24.03.2016								
: FINA 2016								
1.					4:25.12			503
		+0,76	29.58	1:01.53	+0,99	34.28	1:12.15	
		+0,67	33.45	1:10.17	+0,71	29.30	1:01.27	
2.					4:35.80			447
			03	33.08	1:08.49	03	33.02	1:09.29
			03	33.58	1:11.62	02		1:06.40
3.					4:40.04			427
		+0,95	31.59	1:05.97	+0,82	34.10	1:11.13	
		+0,79	33.89	1:12.90	+0,80	34.13	1:10.04	
4.					4:46.64			398
		+0,82	32.48	1:06.62	+0,87	34.53	1:15.50	
		+0,80	34.70	1:13.42	+0,78	34.56	1:11.10	
5.					4:52.05			377
		+0,92	34.15	1:11.70	+0,70	34.64	1:16.26	
		+0,43	33.94	1:10.86	+0,72	34.34	1:13.23	
6.					5:01.15			343
		+0,90	35.28	1:15.08	+0,83	37.89	1:21.52	
		+0,29	34.77	1:13.51	+0,75	34.27	1:11.04	
7.					5:03.79			334
		+1,06	34.50	1:13.20	+0,97	34.09	1:12.48	
		+0,77	37.86	1:19.60	+0,86	37.10	1:18.51	
8.					5:07.48			323
		+0,99	35.17	1:15.11	+0,73	36.19	1:15.50	
		+0,58	35.20	1:19.36	+0,73	34.38	1:17.51	

11				, 4 x 100m				2000 - 2001
24.03.2016								
: FINA 2016								
1.					3:43.67			596
		+0,85	26.68	55.65	+0,74	26.26	55.37	
		+0,68	27.93	58.21	+0,50	25.71	54.44	
2.					3:52.43			531
		+0,85	26.92	56.99	+0,66	27.22	58.56	
		+0,48	27.49	57.49	+0,69	27.68	59.39	
3.					3:52.75			529
		+0,80	27.91	57.50	+0,44	28.31	59.93	
		+0,40	28.33	59.15	+0,25	26.74	56.17	
4.					3:55.27			512
		+0,80	26.45	55.99	+0,69	28.78	1:02.06	
		+0,42	28.53	1:00.04	+0,68	27.06	57.18	

ALGE SWIM TIME

50m

Splash Meet Manager 11, 11.41395

Registered to Volga Federal District/Republic of Bashkortostan

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	11,	, 4 x 100m	2000-2001 . . .		2002-2003 . . .			
			, 24-26	2016 .	2000 - 2001			
5.								
			+0,79	28.90	59.75		4:05.59	450
			+0,69	29.51	1:01.21		+0,57 29.58 1:04.22	
							+0,34 27.97 1:00.41	
6.							4:06.58	444
			01	29.00	1:02.47		00 28.77 1:00.20	
			00	29.67	1:01.77		00 29.98 1:02.14	
7.							4:09.48	429
			01	29.03	1:00.64		00 28.98 1:02.04	
			01	29.59	1:03.40		01 29.77 1:03.40	
8.							4:10.15	426
			+0,80	30.48	1:03.64		+0,59 29.40 1:01.57	
			+0,50	28.93	1:01.62		+0,68 29.92 1:03.32	
9.							5:03.30	239
			+0,72	31.90	1:11.96		24.80 1:14.07	
			+0,42		10.54		+0,54 34.54 2:26.73	



2000-2001 . .
 , 24-26

2002-2003 . .
 2016 .

12	, 200m								2002 - 2003	
25.03.2016	I	: 2:24.50 /	12 +:	2:07.50 /	10 +:	2:15.80 /	III	: 2:58.00 /	II	: 2:40.00 /
	II	: 4:09.00 /	III							: 4:47.00

: FINA 2016

1.			02						2:13.56	605	
	50m:	30.88	30.88	100m:	1:05.23	34.35	150m:	1:39.56	34.33	200m: 2:13.56	34.00
2.			03						2:14.25	596	
	50m:	31.31	31.31	100m:	1:06.17	34.86	150m:	1:41.63	35.46	200m: 2:14.25	32.62
3.			03						2:24.59	2	477
	50m:	32.29	32.29	100m:	1:08.52	36.23	150m:	1:46.78	38.26	200m: 2:24.59	37.81
4.			02 2						2:26.15	2	461
	50m:	32.95	32.95	100m:	1:08.68	35.73	150m:	1:47.18	38.50	200m: 2:26.15	38.97
5.			03 2						2:32.48	2	406
	50m:	34.48	34.48	100m:	1:12.95	38.47	150m:	1:52.99	40.04	200m: 2:32.48	39.49
6.			02 2						2:35.25	2	385
	50m:	35.85	35.85	100m:	1:17.29	41.44	150m:	1:58.74	41.45	200m: 2:35.25	36.51
7.			02						2:35.70	2	382
	50m:	33.98	33.98	100m:	1:12.61	38.63	150m:	1:54.54	41.93	200m: 2:35.70	41.16
8.			03 2						2:35.93	2	380
	50m:	36.13	36.13	100m:	1:16.19	40.06	150m:	1:57.27	41.08	200m: 2:35.93	38.66
9.			02						2:36.42	2	376
	50m:	35.39	35.39	100m:	1:14.65	39.26	150m:	1:56.05	41.40	200m: 2:36.42	40.37
10.			03						2:36.80	2	374
	50m:	35.44	35.44	100m:	1:15.42	39.98	150m:	1:56.21	40.79	200m: 2:36.80	40.59
			02 2						2:36.80	2	374
	50m:	36.09	36.09	100m:	1:16.88	40.79	150m:	1:58.31	41.43	200m: 2:36.80	38.49
12.			03						2:37.58	2	368
	50m:	35.43	35.43	100m:	1:16.37	40.94	150m:	1:58.18	41.81	200m: 2:37.58	39.40
13.			02 2						2:38.22	2	364
	50m:	34.61	34.61	100m:	1:13.80	39.19	150m:	1:56.67	42.87	200m: 2:38.22	41.55
14.			02 2						2:40.23	3	350
	50m:	35.88	35.88	100m:	1:17.41	41.53	150m:	2:00.23	42.82	200m: 2:40.23	40.00
15.			02						2:40.50	3	348
	50m:	36.04	36.04	100m:	1:16.43	40.39	150m:	1:59.23	42.80	200m: 2:40.50	41.27
16.			02 2						2:41.22	3	344
	50m:	36.92	36.92	100m:	1:19.46	42.54	150m:	2:01.47	42.01	200m: 2:41.22	39.75
17.			02 2						2:45.43	3	318
	50m:	35.19	35.19	100m:	1:16.13	40.94	150m:	2:00.51	44.38	200m: 2:45.43	44.92
18.			02 2						2:47.37	3	307
	50m:	38.12	38.12	100m:	1:20.34	42.22	150m:	2:04.06	43.72	200m: 2:47.37	43.31

ALGE SWIM TIME

50m

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2000-2001 . . .
24-26

2002-2003 . . .
2016 .

12, , 200m		2002 - 2003												
19.			02									2:47.98	3	304
	50m:	36.87	36.87	100m:	1:20.18	43.31	150m:	2:04.49	44.31	200m:	2:47.98	43.49		
20.			03 3									2:50.13	3	292
	50m:	37.83	37.83	100m:	1:20.57	42.74	150m:	2:06.51	45.94	200m:	2:50.13	43.62		
21.			02 3									2:51.95	3	283
	50m:	34.93	34.93	100m:	1:17.59	42.66	150m:	2:04.14	46.55	200m:	2:51.95	47.81		
22.			03 3									2:52.70	3	279
	50m:	37.85	37.85	100m:	1:22.82	44.97	150m:	2:09.04	46.22	200m:	2:52.70	43.66		
23.			03 3									2:54.02	3	273
	50m:	39.84	39.84	100m:	1:24.00	44.16	150m:	2:09.78	45.78	200m:	2:54.02	44.24		
24.			03 3									2:55.65	3	266
	50m:	40.52	40.52	100m:	1:25.89	45.37	150m:	2:12.19	46.30	200m:	2:55.65	43.46		
25.			03									3:00.12	1	246
	50m:	39.66	39.66	100m:	1:25.91	46.25	150m:	2:13.18	47.27	200m:	3:00.12	46.94		
26.			02 3									3:02.37	1	237
	50m:	38.84	38.84	100m:	1:23.96	45.12	150m:	2:13.85	49.89	200m:	3:02.37	48.52		
27.			03 3									3:08.74	1	214
	50m:	41.43	41.43	100m:	1:28.66	47.23	150m:	2:20.19	51.53	200m:	3:08.74	48.55		
28.			03									3:21.54	1	176
	50m:	40.78	40.78	100m:	1:31.79	51.01	150m:	2:27.53	55.74	200m:	3:21.54	54.01		

13 , 200m 2000 - 2001
25.03.2016

I	: 2:10.00 /	12 +:	1:55.00 /	10 +:	2:01.70 /	
III	: 2:42.50 /	I	:	: 3:08.00 /	II	: 2:24.00 /
II	: 3:48.00 /	III	:	: 4:28.00		

: FINA 2016

1.			00									2:01.55		590
	50m:	26.64	26.64	100m:	56.73	30.09	150m:	1:28.69	31.96	200m:	2:01.55	32.86		
2.			01 1									2:02.96	1	570
	50m:	27.40	27.40	100m:	58.73	31.33	150m:	1:31.84	33.11	200m:	2:02.96	31.12		
3.			00									2:03.22	1	567
	50m:	28.31	28.31	100m:	59.58	31.27	150m:	1:31.97	32.39	200m:	2:03.22	31.25		
4.			00									2:04.54	1	549
	50m:	27.88	27.88	100m:	58.45	30.57	150m:	1:31.61	33.16	200m:	2:04.54	32.93		
5.			00 1									2:05.67	1	534
	50m:	28.57	28.57	100m:	1:00.74	32.17	150m:	1:34.02	33.28	200m:	2:05.67	31.65		
6.			00 1									2:06.03	1	530
	50m:	27.87	27.87	100m:	59.09	31.22	150m:	1:32.56	33.47	200m:	2:06.03	33.47		

ALGE SWIM TIME

50m

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2000-2001 . . .
24-26

2002-2003 . . .
2016 .

13, , 200m						2000 - 2001					
7.			00 1					2:07.23	1		515
	50m:	29.45	29.45	100m:	1:02.14	32.69	150m:	1:35.03	32.89	200m:	2:07.23 32.20
8.			00 1					2:08.39	1		501
	50m:	28.11	28.11	100m:	59.65	31.54	150m:	1:33.81	34.16	200m:	2:08.39 34.58
9.			00 2					2:10.85	2		473
	50m:	29.28	29.28	100m:	1:02.08	32.80	150m:	1:35.90	33.82	200m:	2:10.85 34.95
10.			00 1					2:10.97	2		472
	50m:	28.66	28.66	100m:	1:01.02	32.36	150m:	1:36.20	35.18	200m:	2:10.97 34.77
11.			01 2					2:11.27	2		469
	50m:	28.66	28.66	100m:	1:00.72	32.06	150m:	1:35.50	34.78	200m:	2:11.27 35.77
12.			01 2					2:11.98	2		461
	50m:	29.42	29.42	100m:	1:02.87	33.45	150m:	1:37.88	35.01	200m:	2:11.98 34.10
13.			00 1					2:12.08	2		460
	50m:	30.56	30.56	100m:	1:04.05	33.49	150m:	1:38.16	34.11	200m:	2:12.08 33.92
14.			01					2:12.21	2		459
	50m:	30.08	30.08	100m:	1:03.97	33.89	150m:	1:39.08	35.11	200m:	2:12.21 33.13
15.			01 2					2:13.13	2		449
	50m:	29.26	29.26	100m:	1:02.98	33.72	150m:	1:38.34	35.36	200m:	2:13.13 34.79
16.			00 2					2:13.21	2		448
	50m:	29.12	29.12	100m:	1:03.42	34.30	150m:	1:38.78	35.36	200m:	2:13.21 34.43
17.			01 2					2:13.66	2		444
	50m:	30.28	30.28	100m:	1:04.09	33.81	150m:	1:39.23	35.14	200m:	2:13.66 34.43
18.			00 1					2:13.95	2		441
	50m:	28.57	28.57	100m:	1:00.96	32.39	150m:	1:37.28	36.32	200m:	2:13.95 36.67
19.			01					2:14.57	2		435
	50m:	30.05	30.05	100m:	1:04.57	34.52	150m:	1:39.81	35.24	200m:	2:14.57 34.76
20.			01					2:14.88	2		432
	50m:	28.88	28.88	100m:	1:01.99	33.11	150m:	1:38.04	36.05	200m:	2:14.88 36.84
21.			01 2					2:16.31	2		419
	50m:	29.62	29.62	100m:	1:04.26	34.64	150m:	1:40.78	36.52	200m:	2:16.31 35.53
22.			00					2:16.33	2		418
	50m:	28.93	28.93	100m:	1:03.64	34.71	150m:	1:40.04	36.40	200m:	2:16.33 36.29
23.			01					2:16.39	2		418
	50m:	31.25	31.25	100m:	1:06.21	34.96	150m:	1:41.81	35.60	200m:	2:16.39 34.58
24.			00 2					2:16.72	2		415
	50m:	32.69	32.69	100m:	1:08.53	35.84	150m:	1:42.34	33.81	200m:	2:16.72 34.38
25.			00 2					2:16.73	2		415
	50m:	31.49	31.49	100m:	1:07.65	36.16	150m:	1:43.33	35.68	200m:	2:16.73 33.40
26.			00 2					2:16.79	2		414
	50m:	30.50	30.50	100m:	1:05.52	35.02	150m:	1:42.01	36.49	200m:	2:16.79 34.78

ALGE SWIM TIME

50m

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2000-2001 . .
 , 24-26

2002-2003 . .
 2016 .

	13,	, 200m				2000 - 2001						
27.			00 2						2:17.64	2		406
	50m:	30.41 30.41	100m:	1:04.88 34.47	150m:	1:41.48 36.60	200m:	2:17.64 36.16				
28.			01 1						2:17.80	2		405
	50m:	30.44 30.44	100m:	1:05.54 35.10	150m:	1:42.24 36.70	200m:	2:17.80 35.56				
29.			01 2						2:18.90	2		395
	50m:	31.16 31.16	100m:	1:06.54 35.38	150m:	1:43.19 36.65	200m:	2:18.90 35.71				
30.			01						2:19.16	2		393
	50m:	32.65 32.65	100m:	1:08.38 35.73	150m:	1:44.92 36.54	200m:	2:19.16 34.24				
31.			01						2:19.48	2		391
	50m:	31.95 31.95	100m:	1:06.73 34.78	150m:	1:42.99 36.26	200m:	2:19.48 36.49				
32.			00						2:19.57	2		390
	50m:	31.73 31.73	100m:	1:06.47 34.74	150m:	1:43.69 37.22	200m:	2:19.57 35.88				
33.			00 2						2:19.63	2		389
	50m:	32.07 32.07	100m:	1:08.09 36.02	150m:	1:45.63 37.54	200m:	2:19.63 34.00				
34.			01 2						2:20.22	2		384
	50m:	30.45 30.45	100m:	1:05.54 35.09	150m:	1:42.85 37.31	200m:	2:20.22 37.37				
35.			00 2						2:20.34	2		383
	50m:	31.08 31.08	100m:	1:06.06 34.98	150m:	1:42.84 36.78	200m:	2:20.34 37.50				
36.			01 2						2:21.21	2		376
	50m:	32.68 32.68	100m:	1:08.01 35.33	150m:	1:44.67 36.66	200m:	2:21.21 36.54				
37.			01 2						2:22.23	2		368
	50m:	32.64 32.64	100m:	1:09.45 36.81	150m:	1:46.59 37.14	200m:	2:22.23 35.64				
38.			01 2						2:23.71	2		357
	50m:	31.89 31.89	100m:	1:07.84 35.95	150m:	1:45.51 37.67	200m:	2:23.71 38.20				
39.			00						2:24.16	3		354
	50m:	31.71 31.71	100m:	1:07.44 35.73	150m:	1:45.87 38.43	200m:	2:24.16 38.29				
40.			01 2						2:24.25	3		353
	50m:	33.61 33.61	100m:	1:11.31 37.70	150m:	1:50.03 38.72	200m:	2:24.25 34.22				
41.			01 2						2:24.27	3		353
	50m:	31.58 31.58	100m:	1:08.19 36.61	150m:	1:47.03 38.84	200m:	2:24.27 37.24				
42.			00						2:25.17	3		346
	50m:	32.31 32.31	100m:	1:09.11 36.80	150m:	1:46.63 37.52	200m:	2:25.17 38.54				
43.			01 2						2:25.42	3		345
	50m:	32.86 32.86	100m:	1:10.72 37.86	150m:	1:48.96 38.24	200m:	2:25.42 36.46				
44.			01 2						2:26.34	3		338
	50m:	31.18 31.18	100m:	1:06.82 35.64	150m:	1:45.98 39.16	200m:	2:26.34 40.36				
45.			01 3						2:29.47	3		317
	50m:	34.54 34.54	100m:	1:12.77 38.23	150m:	1:51.77 39.00	200m:	2:29.47 37.70				
46.			01 2						2:31.92	3		302
	50m:	33.70 33.70	100m:	1:12.80 39.10	150m:	1:53.70 40.90	200m:	2:31.92 38.22				

ALGE SWIM TIME

50m

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2000-2001 . . .
24-26

2002-2003 . . .
2016 .

13, , 200m		2000 - 2001												
47.				01 2								2:34.62	3	287
	50m:	34.31	34.31	100m:	1:13.67	39.36	150m:	1:55.27	41.60	200m:	2:34.62	39.35		
48.				01 3								2:34.66	3	286
	50m:	33.59	33.59	100m:	1:14.86	41.27	150m:	1:56.95	42.09	200m:	2:34.66	37.71		
49.				01 3								2:34.67	3	286
	50m:	33.67	33.67	100m:	1:13.73	40.06	150m:	1:55.72	41.99	200m:	2:34.67	38.95		
50.				01								2:36.08	3	279
	50m:	33.47	33.47	100m:	1:12.39	38.92	150m:	1:54.57	42.18	200m:	2:36.08	41.51		
51.				00 3								2:39.03	3	263
	50m:	35.63	35.63	100m:	1:16.36	40.73	150m:	1:59.21	42.85	200m:	2:39.03	39.82		
52.				00 3								2:39.38	3	262
	50m:	35.19	35.19	100m:	1:15.26	40.07	150m:	1:57.94	42.68	200m:	2:39.38	41.44		
53.				01 3								2:39.52	3	261
	50m:	34.26	34.26	100m:	1:14.17	39.91	150m:	1:57.19	43.02	200m:	2:39.52	42.33		
54.				01								2:45.73	1	233
	50m:	34.85	34.85	100m:	1:15.05	40.20	150m:	1:58.05	43.00	200m:	2:45.73	47.68		
55.				00								2:58.90	1	185
	50m:	35.24	35.24	100m:	1:18.20	42.96	150m:	2:07.07	48.87	200m:	2:58.90	51.83		

14 , 200m 2002 - 2003
25.03.2016

I	: 2:58.00 /	12 +:	2:38.50 /	10 +:	2:47.50 /	
III	: 3:43.00 /	I	:	: 4:20.00 /	II	: 3:18.00 /
II	: 4:55.00 /	III	:	: 5:37.00		

: FINA 2016

1.				03 2								2:56.99	1	485
	50m:	39.81	39.81	100m:	1:24.85	45.04	150m:	2:11.44	46.59	200m:	2:56.99	45.55		
2.				03 2								3:00.21	2	459
	50m:	41.68	41.68	100m:	1:27.97	46.29	150m:	2:14.88	46.91	200m:	3:00.21	45.33		
3.				03								3:05.44	2	422
	50m:	41.85	41.85	100m:	1:29.56	47.71	150m:	2:17.85	48.29	200m:	3:05.44	47.59		
4.				02 2								3:05.93	2	418
	50m:	41.82	41.82	100m:	1:28.90	47.08	150m:	2:18.10	49.20	200m:	3:05.93	47.83		
5.				03 3								3:16.15	2	356
	50m:	45.12	45.12	100m:	1:35.78	50.66	150m:	2:27.09	51.31	200m:	3:16.15	49.06		
6.				02 2								3:16.97	2	352
	50m:	43.37	43.37	100m:	1:33.92	50.55	150m:	2:26.02	52.10	200m:	3:16.97	50.95		
7.				03 2								3:18.47	3	344
	50m:	45.48	45.48	100m:	1:35.81	50.33	150m:	2:28.08	52.27	200m:	3:18.47	50.39		

ALGE SWIM TIME

50m

Splash Meet Manager 11, 11.41395

Registered to Volga Federal District/Republic of Bashkortostan

28.03.2016 9:47 -

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2000-2001 . .
 , 24-26

2002-2003 . .
 2016 .

14, , 200m ,		2002 - 2003												
8.				03 3								3:27.12	3	302
	50m:	45.52	45.52	100m:	1:38.24	52.72	150m:	2:33.25	55.01	200m:	3:27.12	53.87		
9.				02								3:29.72	3	291
	50m:	44.99	44.99	100m:	1:37.91	52.92	150m:	2:34.70	56.79	200m:	3:29.72	55.02		
10.				02 3								3:30.39	3	289
	50m:	46.00	46.00	100m:	1:38.97	52.97	150m:	2:34.88	55.91	200m:	3:30.39	55.51		
11.				03 3								3:31.29	3	285
	50m:	49.49	49.49	100m:	1:42.96	53.47	150m:	2:37.54	54.58	200m:	3:31.29	53.75		
12.				03 3								3:36.97	3	263
	50m:	51.41	51.41	100m:	1:47.22	55.81	150m:	2:43.55	56.33	200m:	3:36.97	53.42		
13.				03 3								3:45.71	1	234
	50m:	50.38	50.38	100m:	1:47.97	57.59	150m:	2:47.99	1:00.02	200m:	3:45.71	57.72		
14.				03								3:47.71	1	227
	50m:	49.26	49.26	100m:	1:47.13	57.87	150m:	2:47.96	1:00.83	200m:	3:47.71	59.75		

15 , 200m 2000 - 2001
 25.03.2016

I	: 2:40.50 /	12 +:	2:22.50 /	10 +:	2:30.50 /	
III	: 3:22.50 /	I	:	: 3:55.00 /	II	: 2:59.50 /
II	: 4:28.00 /	III	:	: 5:08.00		

: FINA 2016

1.				00								2:28.40		626
	50m:	33.40	33.40	100m:	1:10.27	36.87	150m:	1:48.01	37.74	200m:	2:28.40	40.39		
2.				00								2:29.46		613
	50m:	34.17	34.17	100m:	1:11.54	37.37	150m:	1:50.46	38.92	200m:	2:29.46	39.00		
3.				01 1								2:31.17	1	593
	50m:	34.71	34.71	100m:	1:14.13	39.42	150m:	1:53.74	39.61	200m:	2:31.17	37.43		
4.				00 1								2:32.03	1	583
	50m:	34.37	34.37	100m:	1:13.19	38.82	150m:	1:52.74	39.55	200m:	2:32.03	39.29		
5.				01 1								2:37.53	1	524
	50m:	35.79	35.79	100m:	1:16.07	40.28	150m:	1:56.84	40.77	200m:	2:37.53	40.69		
6.				01 2								2:39.10	1	508
	50m:	35.16	35.16	100m:	1:15.48	40.32	150m:	1:56.96	41.48	200m:	2:39.10	42.14		
7.				01								2:40.74	2	493
	50m:	35.31	35.31	100m:	1:16.69	41.38	150m:	1:59.61	42.92	200m:	2:40.74	41.13		
8.				00 1								2:44.34	2	461
	50m:	34.93	34.93	100m:	1:16.51	41.58	150m:	1:59.58	43.07	200m:	2:44.34	44.76		
9.				00 1								2:44.53	2	460
	50m:	35.08	35.08	100m:	1:18.07	42.99	150m:	2:02.39	44.32	200m:	2:44.53	42.14		

ALGE SWIM TIME

50m

Splash Meet Manager 11, 11.41395

Registered to Volga Federal District/Republic of Bashkortostan

28.03.2016 9:47 -

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2000-2001 . .
 , 24-26

2002-2003 . .
 2016 .

15, , 200m ,		2000 - 2001												
10.	, ,	00 2										2:52.62	2	398
	50m:	38.20	38.20	100m:	1:21.04	42.84	150m:	2:06.88	45.84	200m:	2:52.62	45.74		
11.	, ,	01 2										2:54.85	2	383
	50m:	38.17	38.17	100m:	1:23.59	45.42	150m:	2:11.91	48.32	200m:	2:54.85	42.94		
12.	, ,	00 2										2:55.05	2	381
	50m:	40.27	40.27	100m:	1:24.67	44.40	150m:	2:09.88	45.21	200m:	2:55.05	45.17		
13.	, ,	01 2										2:58.23	2	361
	50m:	41.10	41.10	100m:	1:27.74	46.64	150m:	2:13.53	45.79	200m:	2:58.23	44.70		
14.	, ,	01 2										3:01.49	3	342
	50m:	40.10	40.10	100m:	1:27.00	46.90	150m:	2:14.12	47.12	200m:	3:01.49	47.37		
15.	, ,	00										3:03.56	3	331
	50m:	39.85	39.85	100m:	1:27.16	47.31	150m:	2:15.60	48.44	200m:	3:03.56	47.96		
16.	, ,	01 2										3:07.47	3	310
	50m:	41.25	41.25	100m:	1:28.24	46.99	150m:	2:17.61	49.37	200m:	3:07.47	49.86		
17.	, ,	00										3:19.41	3	258
	50m:	38.94	38.94	100m:	1:28.19	49.25	150m:	2:22.49	54.30	200m:	3:19.41	56.92		
18.	, ,	01										3:24.72	1	238
	50m:	40.22	40.22	100m:	1:31.49	51.27	150m:	2:27.88	56.39	200m:	3:24.72	56.84		
19.	, ,	00										3:27.74	1	228
	50m:	41.92	41.92	100m:	1:36.28	54.36	150m:	2:31.89	55.61	200m:	3:27.74	55.85		
20.	, ,	01										3:47.24	1	174
	50m:	45.31	45.31	100m:	1:41.51	56.20	150m:	2:44.01	1:02.50	200m:	3:47.24	1:03.23		

16 , 400m 2002 - 2003
 25.03.2016

I	: 5:47.00 /	12 +:	5:08.00 /	10 +:	5:25.50 /	
III	: 7:23.00 /	I	:	: 8:24.00 /	II	: 6:30.00 /
II	: 9:35.00 /	III	:	: 10:46.00		

: FINA 2016

1.	, ,	02										5:17.20		606
	50m:	31.91	31.91	150m:	1:49.82	39.45	250m:	3:16.04	48.61	350m:	4:41.39	37.79		
	100m:	1:10.37	38.46	200m:	2:27.43	37.61	300m:	4:03.60	47.56	400m:	5:17.20	35.81		
2.	, ,	03 2										5:49.95	2	451
	50m:	37.36	37.36	150m:	2:08.88	45.80	250m:	3:43.51	51.21	350m:	5:12.39	39.27		
	100m:	1:23.08	45.72	200m:	2:52.30	43.42	300m:	4:33.12	49.61	400m:	5:49.95	37.56		
3.	, ,	02 2										6:12.55	2	374
	50m:	34.52	34.52	150m:	2:06.64	46.13	250m:	3:45.79	54.12	350m:	5:25.77	46.46		
	100m:	1:20.51	45.99	200m:	2:51.67	45.03	300m:	4:39.31	53.52	400m:	6:12.55	46.78		

ALGE SWIM TIME

50m

Splash Meet Manager 11, 11.41395

Registered to Volga Federal District/Republic of Bashkortostan

28.03.2016 9:47 -

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2000-2001 . .
 , 24-26

2002-2003 . .
 2016 .

16, , 400m ,		2002 - 2003												
4.			02	2								6:22.55	2	345
	50m:	41.57	41.57	150m:	2:23.04	50.03	250m:	4:03.98	53.66	350m:	5:41.33	42.89		
	100m:	1:33.01	51.44	200m:	3:10.32	47.28	300m:	4:58.44	54.46	400m:	6:22.55	41.22		

17 , 400m 2000 - 2001
 25.03.2016

I	: 5:12.00 /	12 +:	4:38.00 /	10 +:	4:53.00 /
III	: 6:40.00 /	I	.	:	7:35.00 /
II	: 8:31.00 /	III	.	:	9:27.00
				II	: 5:52.00 /

: FINA 2016

1.			00	1								5:09.41	1	489
	50m:	30.14	30.14	150m:	1:49.12	43.18	250m:	3:14.61	43.87	350m:	4:35.60	36.70		
	100m:	1:05.94	35.80	200m:	2:30.74	41.62	300m:	3:58.90	44.29	400m:	5:09.41	33.81		
2.			01	1								5:11.09	1	481
	50m:	32.97	32.97	150m:	1:54.27	41.98	250m:	3:17.67	42.64	350m:	4:37.54	36.60		
	100m:	1:12.29	39.32	200m:	2:35.03	40.76	300m:	4:00.94	43.27	400m:	5:11.09	33.55		
3.			01									5:13.18	2	471
	50m:	31.31	31.31	150m:	1:51.88	41.24	250m:	3:16.80	45.36	350m:	4:38.39	36.39		
	100m:	1:10.64	39.33	200m:	2:31.44	39.56	300m:	4:02.00	45.20	400m:	5:13.18	34.79		
4.			01	2								5:17.30	2	453
	50m:	31.27	31.27	150m:	1:49.25	41.80	250m:	3:19.33	48.98	350m:	4:42.05	36.08		
	100m:	1:07.45	36.18	200m:	2:30.35	41.10	300m:	4:05.97	46.64	400m:	5:17.30	35.25		
5.			01	1								5:19.38	2	445
	50m:	31.26	31.26	150m:	1:51.07	40.97	250m:	3:18.69	47.60	350m:	4:44.84	37.99		
	100m:	1:10.10	38.84	200m:	2:31.09	40.02	300m:	4:06.85	48.16	400m:	5:19.38	34.54		
6.			00	1								5:25.49	2	420
	50m:	29.99	29.99	150m:	1:56.91	47.47	250m:	3:24.76	41.92	350m:	4:48.00	39.71		
	100m:	1:09.44	39.45	200m:	2:42.84	45.93	300m:	4:08.29	43.53	400m:	5:25.49	37.49		
7.			01	2								5:28.26	2	409
	50m:	31.86	31.86	150m:	1:55.76	45.74	250m:	3:25.15	44.25	350m:	4:52.12	39.65		
	100m:	1:10.02	38.16	200m:	2:40.90	45.14	300m:	4:12.47	47.32	400m:	5:28.26	36.14		
8.			01	2								5:35.32	2	384
	50m:	33.84	33.84	150m:	1:58.48	42.10	250m:	3:30.12	49.65	350m:	4:58.49	38.23		
	100m:	1:16.38	42.54	200m:	2:40.47	41.99	300m:	4:20.26	50.14	400m:	5:35.32	36.83		
9.			00	2								5:39.67	2	369
	50m:	33.60	33.60	150m:	1:57.68	43.84	250m:	3:31.87	49.62	350m:	4:59.92	39.59		
	100m:	1:13.84	40.24	200m:	2:42.25	44.57	300m:	4:20.33	48.46	400m:	5:39.67	39.75		
10.			01	2								5:42.49	2	360
	50m:	36.14	36.14	150m:	2:02.80	43.74	250m:	3:33.94	48.92	350m:	5:04.13	41.23		
	100m:	1:19.06	42.92	200m:	2:45.02	42.22	300m:	4:22.90	48.96	400m:	5:42.49	38.36		
11.			00	2								5:44.78	2	353
	50m:	33.32	33.32	150m:	2:01.36	46.25	250m:	3:38.57	54.18	350m:	5:09.07	38.93		
	100m:	1:15.11	41.79	200m:	2:44.39	43.03	300m:	4:30.14	51.57	400m:	5:44.78	35.71		

ALGE SWIM TIME

50m

Splash Meet Manager 11, 11.41395

Registered to Volga Federal District/Republic of Bashkortostan

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2000-2001 . .
 , 24-26

2002-2003 . .
 2016 .

18					, 800m					2002 - 2003
25.03.2016										
I	:	10:30.00 /			12 +:	9:15.00 /			10 +:	9:49.00 /
III	:	13:31.00 /			I	:	16:16.00 /			
II	:	11:58.00 /			II	:	18:46.00 /			
III	:	21:16.00								

: FINA 2016

1.				03					10:24.27	1	475	
	50m:	34.09	34.09	250m:	3:11.12	39.81	450m:	5:50.76	39.63	650m:	8:30.09	40.24
	100m:	1:12.35	38.26	300m:	3:51.12	40.00	500m:	6:30.77	40.01	700m:	9:09.01	38.92
	150m:	1:51.79	39.44	350m:	4:30.95	39.83	550m:	7:09.80	39.03	750m:	9:47.56	38.55
	200m:	2:31.31	39.52	400m:	5:11.13	40.18	600m:	7:49.85	40.05	800m:	10:24.27	36.71
2.				02	1				10:48.88	2	423	
	50m:	34.30	34.30	250m:	3:12.10	40.34	450m:	5:57.85	42.21	650m:	8:46.93	42.05
	100m:	1:12.45	38.15	300m:	3:52.51	40.41	500m:	6:40.07	42.22	700m:	9:28.86	41.93
	150m:	1:51.96	39.51	350m:	4:33.90	41.39	550m:	7:22.52	42.45	750m:	10:09.97	41.11
	200m:	2:31.76	39.80	400m:	5:15.64	41.74	600m:	8:04.88	42.36	800m:	10:48.88	38.91
3.				02	2				11:20.92	2	366	
	50m:	36.73	36.73	250m:	3:28.21	43.45	450m:	7:04.80	43.76	650m:	9:58.76	43.18
	100m:	1:18.80	42.07	300m:	4:11.40	43.19	500m:	7:48.72	43.92	700m:	10:39.87	41.11
	150m:	2:01.70	42.90	350m:	4:54.18	42.78	550m:	8:32.49	43.77	750m:	11:20.92	41.05
	200m:	2:44.76	43.06	400m:	5:21.04	41.74	600m:	8:04.88	42.36	800m:	10:48.88	38.91
4.				02	2				11:38.92	2	339	
	50m:	34.98	34.98	250m:	3:26.24	44.14	450m:	6:23.94	45.33	650m:	9:25.31	44.58
	100m:	1:15.76	40.78	300m:	4:10.03	43.79	500m:	7:09.75	45.81	700m:	10:11.37	46.06
	150m:	1:58.32	42.56	350m:	4:54.60	44.57	550m:	7:55.01	45.26	750m:	10:57.09	45.72
	200m:	2:42.10	43.78	400m:	5:38.61	44.01	600m:	8:40.73	45.72	800m:	11:38.92	41.83
5.				02	2				11:40.70	2	336	
	50m:	36.57	36.57	250m:	3:33.35	44.48	450m:	6:33.71	45.05	650m:	9:33.25	44.51
	100m:	1:19.43	42.86	300m:	4:18.05	44.70	500m:	7:18.30	44.59	700m:	10:17.60	44.35
	150m:	2:04.70	45.27	350m:	5:03.16	45.11	550m:	8:03.45	45.15	750m:	11:00.32	42.72
	200m:	2:48.87	44.17	400m:	5:48.66	45.50	600m:	8:48.74	45.29	800m:	11:40.70	40.38
6.				03					12:00.42	3	309	
	50m:	38.91	38.91	250m:	3:41.51	46.21	450m:	6:48.34	45.68	650m:	9:51.35	45.18
	100m:	1:23.99	45.08	300m:	4:28.66	47.15	500m:	7:35.09	46.75	700m:	10:36.68	45.33
	150m:	2:09.11	45.12	350m:	5:15.03	46.37	550m:	8:20.29	45.20	750m:	11:20.81	44.13
	200m:	2:55.30	46.19	400m:	6:02.66	47.63	600m:	9:06.17	45.88	800m:	12:00.42	39.61
7.				02	2				12:06.36	3	302	
	50m:	37.25	37.25	250m:	3:38.87	46.75	450m:	6:45.51	46.75	650m:	9:51.70	46.73
	100m:	1:21.05	43.80	300m:	4:25.25	46.38	500m:	7:32.06	46.55	700m:	10:37.91	46.21
	150m:	2:06.40	45.35	350m:	5:12.01	46.76	550m:	8:18.58	46.52	750m:	11:23.13	45.22
	200m:	2:52.12	45.72	400m:	5:58.76	46.75	600m:	9:04.97	46.39	800m:	12:06.36	43.23
8.				03	2				12:08.00	3	300	
	50m:	38.20	38.20	250m:	3:40.75	46.44	450m:	6:47.17	46.78	650m:	9:50.90	44.73
	100m:	1:21.89	43.69	300m:	4:27.90	47.15	500m:	7:34.62	47.45	700m:	10:36.72	45.82
	150m:	2:08.46	46.57	350m:	5:14.38	46.48	550m:	8:19.04	44.42	750m:	11:22.58	45.86
	200m:	2:54.31	45.85	400m:	6:00.39	46.01	600m:	9:06.17	47.13	800m:	12:08.00	45.42

ALGE SWIM TIME

50m

Splash Meet Manager 11, 11.41395

Registered to Volga Federal District/Republic of Bashkortostan

28.03.2016 9:47 -

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2000-2001
 , 24-26 2016 2002-2003

18, , 800m , 2002 - 2003

9.			02	3				12:28.35	3	276		
	50m:	37.76	37.76	250m:	3:41.85	47.95	450m:	6:54.17	48.75	650m:	10:07.51	48.77
	100m:	1:20.93	43.17	300m:	4:29.67	47.82	500m:	7:42.59	48.42	700m:	10:56.21	48.70
	150m:	2:07.74	46.81	350m:	5:17.33	47.66	550m:	8:30.78	48.19	750m:	11:44.43	48.22
	200m:	2:53.90	46.16	400m:	6:05.42	48.09	600m:	9:18.74	47.96	800m:	12:28.35	43.92
10.			03					13:24.82	3	222		
	50m:	39.93	39.93	250m:	4:02.37	52.51	450m:	7:30.00	51.57	650m:	10:56.68	51.26
	100m:	1:28.49	48.56	300m:	4:54.92	52.55	500m:	8:22.07	52.07	700m:	11:49.49	52.81
	150m:	2:19.07	50.58	350m:	5:46.66	51.74	550m:	9:13.41	51.34	750m:	12:39.60	50.11
	200m:	3:09.86	50.79	400m:	6:38.43	51.77	600m:	10:05.42	52.01	800m:	13:24.82	45.22

19 , 4 x 100m 2002 - 2003
 25.03.2016

: FINA 2016

1.								4:48.83		518
				32.21	1:06.53			+0,53	33.52	1:15.46
			+0,49	40.45	1:25.52			+0,86	29.59	1:01.32
2.				33.38	1:09.54			5:01.51		455
			+0,75	38.11				+0,73	31.90	1:06.52
3.				39.26	1:20.22			5:12.58		409
			+0,53	40.21	1:25.41			+0,76	35.43	1:18.48
								+0,94	32.90	1:08.47
4.				42.64	1:26.53			5:28.58		352
			+0,83	42.28				+0,82	32.98	1:08.33
5.				44.45	1:29.48			5:35.93		329
			+1,24	43.03	1:30.95			+0,44	38.22	1:22.95
								+0,68	34.99	1:12.55
6.				41.74	1:27.70			5:40.29		317
			+0,71	45.05	1:37.10			+0,86	37.58	1:22.67
								+0,69	34.15	1:12.82
7.				42.11	1:26.04			5:47.54		297
			+0,16	43.97	1:35.00			+0,60	37.78	1:36.47
									30.32	1:10.03
8.				43.43	1:28.19			5:59.09		269
			+0,14	45.36	1:38.14			+0,73	40.53	1:40.43
								+0,45	33.92	1:12.33
9.				42.79	1:29.44			6:11.27		244
			+0,61	49.14	1:43.66			+0,71	44.75	1:39.41
								+0,36	36.99	1:18.76

ALGE SWIM TIME

50m



2000-2001 . .
24-26

2002-2003 . .
2016 .

20 , 4 x 100m 2000 - 2001
25.03.2016

: FINA 2016

1.			29.95	1:03.05		4:09.15		575
		+0,40	30.81	1:07.16		+0,67 26.84 59.01		
						+0,51 28.46 59.93		
2.			31.76	1:06.02		4:14.20		542
		+0,41	32.70	1:08.59		+0,45 28.69 1:02.94		
						+0,47 26.99 56.65		
3.			33.59	1:09.11		4:16.99		524
		+0,46	32.80	1:11.35		+0,54 27.96 1:01.83		
						+0,59 25.82 54.70		
4.			34.47	1:10.61		4:21.39		498
		+0,72	33.08	1:09.87		+0,68 30.04 1:04.87		
						+0,75 26.73 56.04		
5.			34.62	1:11.35		4:22.62		491
		+0,66	32.68	1:09.79		+0,46 29.32 1:02.95		
						+0,29 27.53 58.53		
6.			31.98	1:07.94		4:29.67		454
		+0,47	33.37	1:14.97		+0,50 29.35 1:06.21		
						+0,63 28.71 1:00.55		
7.			33.00	1:08.50		4:33.84		433
		+0,58	33.27	1:13.03		+0,41 31.97 1:11.65		
						+0,27 28.30 1:00.66		
8.			35.04	1:11.52		4:39.20		409
		+0,55	36.06	1:18.44		+0,44 30.40 1:06.63		
						+0,77 28.84 1:02.61		
9.			35.54	1:13.78		4:43.18		392
		+0,46	36.72	1:21.65		+0,78 31.65 1:06.89		
						+0,76 28.98 1:00.86		
10.			01 36.29	1:14.96		4:44.62		386
			00 35.25	1:16.56		01 32.52 1:12.71		
						00 29.18 1:00.39		

DSQ

ALGE SWIM TIME

50m

Splash Meet Manager 11, 11.41395

Registered to Volga Federal District/Republic of Bashkortostan

28.03.2016 9:47 -

25



2000-2001 2002-2003
 , 24-26 2016

22, , 50m		2000 - 2001				
41.		00	3	31.17	1	301
42.		01		31.19	1	301
43.		01	2	31.32	1	297
44.		00		31.53	1	291
45.		01	3	31.86	1	282
46.		01	2	31.89	1	281
47.		01		32.23	1	273
48.		01		32.57	1	264
49.		00		33.06	1	253
50.		00	2	33.97	1	233
DNF		01	3			
DNF		00	3			
DNF		00	2			
DNF		00	2			
DNF		01	3			

23 , 100m 2002 - 2003
 26.03.2016

I	: 1:11.50 /	12 +: 1:03.50 /	10 +: 1:07.00 /	II	: 1:21.00 /
III	: 1:32.00 /	I	: 1:44.00 /	III	: 2:23.00
II	: 2:03.00 /	III	: 2:23.00		

: FINA 2016

1.	50m: 31.12	31.12	100m: 1:08.71	37.59	1:08.71	1	531
2.	50m: 36.56	36.56	100m: 1:18.42	41.86	1:18.42	2	357
3.	50m: 35.94	35.94	100m: 1:19.84	43.90	1:19.84	2	338
4.	50m: 38.17	38.17	100m: 1:22.62	44.45	1:22.62	3	305
5.	50m: 39.14	39.14	100m: 1:22.82	43.68	1:22.82	3	303
6.	50m: 38.33	38.33	100m: 1:24.34	46.01	1:24.34	3	287
7.	50m: 39.48	39.48	100m: 1:34.01	54.53	1:34.01	1	207
8.	50m: 47.16	47.16	100m: 1:42.29	55.13	1:42.29	1	160
9.	50m: 38.46	38.46	100m: 1:43.13	1:04.67	1:43.13	1	157

ALGE SWIM TIME " " 50m



2000-2001 . .
 , 24-26

2002-2003 . .
 2016 .

24 , 100m 2000 - 2001
 26.03.2016

I	: 1:03.50 /	12 +:	56.00 /	10 +:	1:00.00 /
III	: 1:22.00 /	I	.	: 1:32.00 /	II
II	: 1:51.00 /	III	.	: 2:11.00	: 1:12.00 /

: FINA 2016

1.	,			01 1			1:00.53	1	557
	50m:	28.20	28.20	100m:	1:00.53	32.33			
2.	,			00			1:02.89	1	497
	50m:	27.75	27.75	100m:	1:02.89	35.14			
3.	,			00 1			1:03.26	1	488
	50m:	29.40	29.40	100m:	1:03.26	33.86			
4.	,			00			1:03.40	1	485
	50m:	29.52	29.52	100m:	1:03.40	33.88			
5.	,			01 2			1:03.92	2	473
	50m:	30.06	30.06	100m:	1:03.92	33.86			
6.	,			00 2			1:05.44	2	441
	50m:	30.19	30.19	100m:	1:05.44	35.25			
7.	,			01			1:06.17	2	426
	50m:	30.43	30.43	100m:	1:06.17	35.74			
8.	,			01 2			1:08.26	2	388
	50m:	31.42	31.42	100m:	1:08.26	36.84			
9.	,			00			1:08.67	2	381
	50m:	31.78	31.78	100m:	1:08.67	36.89			
10.	,			00 2			1:08.83	2	379
	50m:	31.56	31.56	100m:	1:08.83	37.27			
11.	,			01 2			1:13.25	3	314
	50m:	32.13	32.13	100m:	1:13.25	41.12			
12.	,			01			1:15.89	3	282
	50m:	34.22	34.22	100m:	1:15.89	41.67			
13.	,			01 2			1:17.45	3	266
	50m:	33.62	33.62	100m:	1:17.45	43.83			

ALGE SWIM TIME

50m

Splash Meet Manager 11, 11.41395

Registered to Volga Federal District/Republic of Bashkortostan

28.03.2016 9:47 -

29



2000-2001 . .
 , 24-26

2002-2003 . .
 2016 .

25 , 100m 2002 - 2003
 26.03.2016

I	: 1:15.00 /	12 +:	1:06.50 /	10 +:	1:10.50 /
III	: 1:33.00 /	I	.	:	1:47.00 /
II	.	:	2:10.00 /	III	.
				:	2:30.00
				II	:
					1:23.00 /

: FINA 2016

1.	,			02	2		1:09.71		579
	50m:	33.39	33.39	100m:	1:09.71	36.32			
2.	,			03			1:13.34	1	497
	50m:	36.22	36.22	100m:	1:13.34	37.12			
3.	,			03	2		1:14.44	1	475
	50m:	35.73	35.73	100m:	1:14.44	38.71			
4.	,			03			1:15.56	2	455
	50m:	36.94	36.94	100m:	1:15.56	38.62			
5.	,			02			1:15.61	2	454
	50m:	36.89	36.89	100m:	1:15.61	38.72			
6.	,			03	3		1:20.19	2	380
	50m:	38.16	38.16	100m:	1:20.19	42.03			
7.	,			03	2		1:20.91	2	370
	50m:	39.54	39.54	100m:	1:20.91	41.37			
8.	,			02			1:25.17	3	317
	50m:	42.31	42.31	100m:	1:25.17	42.86			
9.	,			02	3		1:25.40	3	315
	50m:	40.04	40.04	100m:	1:25.40	45.36			
10.	,			02	2		1:26.91	3	299
	50m:	41.42	41.42	100m:	1:26.91	45.49			
11.	,			03			1:29.20	3	276
	50m:	42.96	42.96	100m:	1:29.20	46.24			

ALGE SWIM TIME

50m

Splash Meet Manager 11, 11.41395

Registered to Volga Federal District/Republic of Bashkortostan

28.03.2016 9:47 -

30



2000-2001 . .
 , 24-26

2002-2003 . .
 2016 .

26 , 100m 2000 - 2001
 26.03.2016

I	: 1:06.50 /	12 +:	59.00 /	10 +:	1:02.50 /
III	: 1:23.00 /	I	.	: 1:35.50 /	II
II	: 1:58.00 /	III	.	: 2:18.00	: 1:14.50 /

: FINA 2016

1.			00			1:03.85	1	538
	50m:	30.17	30.17	100m:	1:03.85	33.68		
2.			00 1			1:05.48	1	499
	50m:	31.13	31.13	100m:	1:05.48	34.35		
3.			00 2			1:06.13	1	484
	50m:	32.24	32.24	100m:	1:06.13	33.89		
4.			00 2			1:11.13	2	389
	50m:	33.43	33.43	100m:	1:11.13	37.70		
5.			01 2			1:12.37	2	369
	50m:	33.10	33.10	100m:	1:12.37	39.27		
6.			01 2			1:13.23	2	356
	50m:	35.27	35.27	100m:	1:13.23	37.96		
7.			01 2			1:13.78	2	348
	50m:	35.99	35.99	100m:	1:13.78	37.79		
8.			01 2			1:14.69	3	336
	50m:	35.78	35.78	100m:	1:14.69	38.91		
9.			01 3			1:17.81	3	297
	50m:	38.43	38.43	100m:	1:17.81	39.38		
10.			01 3			1:20.68	3	266
	50m:	39.00	39.00	100m:	1:20.68	41.68		
11.			00			1:22.29	3	251
	50m:	40.18	40.18	100m:	1:22.29	42.11		
12.			00			1:24.95	1	228
	50m:	41.08	41.08	100m:	1:24.95	43.87		
DSQ			00 1					

ALGE SWIM TIME

50m

Splash Meet Manager 11, 11.41395

Registered to Volga Federal District/Republic of Bashkortostan

28.03.2016 9:47 -

31



2000-2001 . .
24-26

2002-2003 . .
2016 .

27	, 200m								2002 - 2003	
26.03.2016	I	: 2:43.00 /	12 +:	2:25.00 /	10 +:	2:33.50 /	III	: 3:29.00 /	II	: 3:03.00 /
	II	: 4:34.00 /	III							

: FINA 2016

1.			03 2						2:45.53	2	442	
	50m:	35.97	35.97	100m:	1:20.00	44.03	150m:	2:09.18	49.18	200m:	2:45.53	36.35
2.			03						2:45.87	2	439	
	50m:	35.54	35.54	100m:	1:19.56	44.02	150m:	2:11.09	51.53	200m:	2:45.87	34.78
3.			02 2						2:47.80	2	424	
	50m:	35.66	35.66	100m:	1:17.99	42.33	150m:	2:08.42	50.43	200m:	2:47.80	39.38
4.			03 2						2:49.27	2	413	
	50m:	40.13	40.13	100m:	1:23.96	43.83	150m:	2:11.18	47.22	200m:	2:49.27	38.09
5.			03 2						2:50.17	2	407	
	50m:	36.01	36.01	100m:	1:19.83	43.82	150m:	2:10.56	50.73	200m:	2:50.17	39.61
6.			03 2						2:54.60	2	376	
	50m:	36.81	36.81	100m:	1:24.44	47.63	150m:	2:14.89	50.45	200m:	2:54.60	39.71
7.			03 2						2:55.91	2	368	
	50m:	41.95	41.95	100m:	1:27.75	45.80	150m:	2:12.47	44.72	200m:	2:55.91	43.44
8.			02 2						2:57.25	2	360	
	50m:	40.11	40.11	100m:	1:26.05	45.94	150m:	2:16.96	50.91	200m:	2:57.25	40.29
9.			02 2						2:57.50	2	358	
	50m:	34.97	34.97	100m:	1:23.12	48.15	150m:	2:14.04	50.92	200m:	2:57.50	43.46
10.			02 2						3:00.96	2	338	
	50m:	40.48	40.48	100m:	1:29.58	49.10	150m:	2:20.65	51.07	200m:	3:00.96	40.31
11.			03						3:02.04	2	332	
	50m:	44.14	44.14	100m:	1:32.86	48.72	150m:	2:22.13	49.27	200m:	3:02.04	39.91
12.			02 2						3:02.85	2	328	
	50m:	39.14	39.14	100m:	1:28.45	49.31	150m:	2:22.42	53.97	200m:	3:02.85	40.43
13.			02 2						3:06.15	3	311	
	50m:	40.73	40.73	100m:	1:28.41	47.68	150m:	2:20.96	52.55	200m:	3:06.15	45.19
14.			03 3						3:15.27	3	269	
	50m:	46.90	46.90	100m:	1:35.86	48.96	150m:	2:31.68	55.82	200m:	3:15.27	43.59
15.			03 3						3:15.97	3	266	
	50m:	42.64	42.64	100m:	1:33.89	51.25	150m:	2:27.16	53.27	200m:	3:15.97	48.81
16.			03 3						3:16.59	3	264	
	50m:	41.49	41.49	100m:	1:32.73	51.24	150m:	2:31.16	58.43	200m:	3:16.59	45.43
17.			02 2						3:21.52	3	245	
	50m:	46.08	46.08	100m:	1:35.05	48.97	150m:	2:34.04	58.99	200m:	3:21.52	47.48
18.			03						3:25.99	3	229	
	50m:	46.66	46.66	100m:	1:37.73	51.07	150m:	2:39.09	1:01.36	200m:	3:25.99	46.90

ALGE SWIM TIME

50m

Splash Meet Manager 11, 11.41395

Registered to Volga Federal District/Republic of Bashkortostan

28.03.2016 9:47 -

32



2000-2001 2002-2003
 , 24-26 2016

27, , 200m , 2002 - 2003

DSQ , 03 3

28 , 200m 2000 - 2001
 26.03.2016

I	: 2:26.00 /	12 +:	2:10.00 /	10 +:	2:17.50 /
III	: 3:08.00 /	I	:	3:33.00 /	II
II	: 4:08.00 /	III	:	4:48.00	: 2:44.00 /

: FINA 2016

1.	,	00	1						2:20.63	1	532	
	50m:	29.99	29.99	100m:	1:05.93	35.94	150m:	1:49.21	43.28	200m:	2:20.63	31.42
2.	,	00							2:20.71	1	531	
	50m:	28.91	28.91	100m:	1:05.21	36.30	150m:	1:45.87	40.66	200m:	2:20.71	34.84
3.	,	00	1						2:22.27	1	514	
	50m:	30.83	30.83	100m:	1:08.60	37.77	150m:	1:49.60	41.00	200m:	2:22.27	32.67
4.	,	00	1						2:22.39	1	513	
	50m:	28.95	28.95	100m:	1:09.04	40.09	150m:	1:48.31	39.27	200m:	2:22.39	34.08
5.	,	00							2:25.82	1	477	
	50m:	31.54	31.54	100m:	1:11.80	40.26	150m:	1:50.79	38.99	200m:	2:25.82	35.03
6.	,	00	1						2:26.70	2	469	
	50m:	29.83	29.83	100m:	1:10.52	40.69	150m:	1:53.36	42.84	200m:	2:26.70	33.34
7.	,	01	1						2:26.97	2	466	
	50m:	31.24	31.24	100m:	1:09.06	37.82	150m:	1:54.73	45.67	200m:	2:26.97	32.24
8.	,	01	2						2:28.51	2	452	
	50m:	29.11	29.11	100m:	1:07.72	38.61	150m:	1:52.93	45.21	200m:	2:28.51	35.58
9.	,	01	2						2:29.72	2	441	
	50m:	30.31	30.31	100m:	1:10.16	39.85	150m:	1:55.71	45.55	200m:	2:29.72	34.01
10.	,	01	2						2:29.92	2	439	
	50m:	30.45	30.45	100m:	1:09.93	39.48	150m:	1:54.16	44.23	200m:	2:29.92	35.76
11.	,	01	1						2:33.14	2	412	
	50m:	31.98	31.98	100m:	1:14.64	42.66	150m:	1:52.79	38.15	200m:	2:33.14	40.35
12.	,	01							2:34.77	2	399	
	50m:	34.21	34.21	100m:	1:18.09	43.88	150m:	1:58.22	40.13	200m:	2:34.77	36.55
13.	,	00	2						2:38.67	2	370	
	50m:	33.26	33.26	100m:	1:16.23	42.97	150m:	2:02.63	46.40	200m:	2:38.67	36.04
14.	,	00	2						2:38.69	2	370	
	50m:	32.43	32.43	100m:	1:14.93	42.50	150m:	2:02.57	47.64	200m:	2:38.69	36.12
15.	,	01	2						2:40.73	2	356	
	50m:	34.87	34.87	100m:	1:17.59	42.72	150m:	2:02.68	45.09	200m:	2:40.73	38.05

ALGE SWIM TIME

50m

Splash Meet Manager 11, 11.41395

Registered to Volga Federal District/Republic of Bashkortostan

28.03.2016 9:47 -

33



2000-2001 2002-2003
 , 24-26 2016 .

28, , 200m				2000 - 2001							
16.			01 2					2:41.35	2		352
	50m:	35.96	35.96	100m:	1:17.72	41.76	150m:	2:05.10	47.38	200m:	2:41.35 36.25
17.			01					2:41.71	2		350
	50m:	34.17	34.17	100m:	1:18.78	44.61	150m:	2:07.17	48.39	200m:	2:41.71 34.54
18.			00					2:43.45	2		339
	50m:	33.53	33.53	100m:	1:17.86	44.33	150m:	2:05.46	47.60	200m:	2:43.45 37.99
19.			00 2					2:44.20	3		334
	50m:	37.36	37.36	100m:	1:20.94	43.58	150m:	2:06.49	45.55	200m:	2:44.20 37.71
20.			01 2					2:48.10	3		311
	50m:	31.69	31.69	100m:	1:15.66	43.97	150m:	2:06.90	51.24	200m:	2:48.10 41.20
21.			01 2					2:56.27	3		270
	50m:	40.27	40.27	100m:	1:30.20	49.93	150m:	2:15.26	45.06	200m:	2:56.27 41.01
22.			00					3:03.22	3		240
	50m:	36.90	36.90	100m:	1:24.45	47.55	150m:	2:15.26	50.81	200m:	3:03.22 47.96
DSQ			01 2								
DSQ			01 2								

29 , 400m 2002 - 2003
 26.03.2016

I	: 5:03.00 /	12 +:	4:30.00 /	10 +:	4:45.00 /	
III	: 6:27.00 /	I	:	: 7:38.00 /	II	: 5:43.00 /
II	: 8:49.00 /	III	:	: 10:00.00		

: FINA 2016

1.			02					4:43.71			593
	50m:	31.51	31.51	150m:	1:41.95	35.43	250m:	2:54.87	36.12	350m:	4:08.01 36.85
	100m:	1:06.52	35.01	200m:	2:18.75	36.80	300m:	3:31.16	36.29	400m:	4:43.71 35.70
2.			03					5:04.91	2		477
	50m:	32.92	32.92	150m:	1:50.22	39.49	250m:	3:09.42	39.74	350m:	4:27.54 38.79
	100m:	1:10.73	37.81	200m:	2:29.68	39.46	300m:	3:48.75	39.33	400m:	5:04.91 37.37
3.			02 2					5:14.59	2		435
	50m:	33.70	33.70	150m:	1:51.60	40.15	250m:	3:14.37	41.49	350m:	4:36.58 40.87
	100m:	1:11.45	37.75	200m:	2:32.88	41.28	300m:	3:55.71	41.34	400m:	5:14.59 38.01
4.			02 1					5:15.19	2		432
	50m:	34.76	34.76	150m:	1:52.91	39.95	250m:	3:14.11	40.75	350m:	4:36.08 40.90
	100m:	1:12.96	38.20	200m:	2:33.36	40.45	300m:	3:55.18	41.07	400m:	5:15.19 39.11
5.			02 2					5:31.01	2		373
	50m:	36.28	36.28	150m:	2:01.98	43.49	250m:	3:28.54	42.74	350m:	4:51.68 40.01
	100m:	1:18.49	42.21	200m:	2:45.80	43.82	300m:	4:11.67	43.13	400m:	5:31.01 39.33
6.			03 2					5:31.93	2		370
	50m:	36.61	36.61	150m:	2:00.26	42.67	250m:	3:26.64	44.15	350m:	4:53.40 42.68
	100m:	1:17.59	40.98	200m:	2:42.49	42.23	300m:	4:10.72	44.08	400m:	5:31.93 38.53

ALGE SWIM TIME 50m



2000-2001 . . .
24-26

2002-2003 . . .
2016 .

		29, , 400m				2002 - 2003						
7.				02	2			5:36.06	2		356	
	50m:	35.39	35.39	150m:	1:58.77	42.46	250m:	3:27.99	45.36	350m:	4:55.05	42.41
	100m:	1:16.31	40.92	200m:	2:42.63	43.86	300m:	4:12.64	44.65	400m:	5:36.06	41.01
8.				02	2			5:39.54	2		346	
	50m:	36.85	36.85	150m:	2:01.76	43.28	250m:	3:30.12	44.07	350m:	4:57.80	43.21
	100m:	1:18.48	41.63	200m:	2:46.05	44.29	300m:	4:14.59	44.47	400m:	5:39.54	41.74
9.				02				5:46.75	3		324	
	50m:	37.99	37.99	150m:	2:06.85	45.43	250m:	3:37.20	45.04	350m:	5:05.96	43.50
	100m:	1:21.42	43.43	200m:	2:52.16	45.31	300m:	4:22.46	45.26	400m:	5:46.75	40.79
10.				02	2			5:47.11	3		323	
	50m:	36.29	36.29	150m:	2:02.58	44.15	250m:	3:32.14	44.97	350m:	5:03.53	45.57
	100m:	1:18.43	42.14	200m:	2:47.17	44.59	300m:	4:17.96	45.82	400m:	5:47.11	43.58
11.				02	3			5:56.17	3		299	
	50m:	36.75	36.75	150m:	2:07.33	46.05	250m:	3:40.37	47.31	350m:	5:12.40	46.45
	100m:	1:21.28	44.53	200m:	2:53.06	45.73	300m:	4:25.95	45.58	400m:	5:56.17	43.77
12.				02	2			6:00.80	3		288	
	50m:	36.36	36.36	150m:	2:05.17	46.12	250m:	3:40.57	48.00	350m:	5:15.64	47.02
	100m:	1:19.05	42.69	200m:	2:52.57	47.40	300m:	4:28.62	48.05	400m:	6:00.80	45.16
13.				03				6:32.44	1		224	
	50m:	39.89	39.89	150m:	2:18.76	50.07	250m:	4:01.42	51.53	350m:	5:43.82	50.98
	100m:	1:28.69	48.80	200m:	3:09.89	51.13	300m:	4:52.84	51.42	400m:	6:32.44	48.62

26.03.2016 30 , 400m 2000 - 2001

I	: 4:35.00 /	12 +:	4:06.00 /	10 +:	4:18.50 /
III	: 5:50.00 /	I	.	:	6:46.00 /
II	.	III	.	II	: 5:09.00 /
	: 7:42.00 /				: 8:38.00

: FINA 2016

1.				00				4:26.19	1		565	
	50m:	28.85	28.85	150m:	1:33.73	33.54	250m:	2:42.78	34.84	350m:	3:52.41	34.84
	100m:	1:00.19	31.34	200m:	2:07.94	34.21	300m:	3:17.57	34.79	400m:	4:26.19	33.78
2.				01	1			4:31.77	1		530	
	50m:	29.72	29.72	150m:	1:36.93	34.29	250m:	2:47.97	35.73	350m:	3:58.87	35.18
	100m:	1:02.64	32.92	200m:	2:12.24	35.31	300m:	3:23.69	35.72	400m:	4:31.77	32.90
3.				00	1			4:32.26	1		528	
	50m:	29.57	29.57	150m:	1:38.12	34.54	250m:	2:49.74	35.44	350m:	4:00.25	34.95
	100m:	1:03.58	34.01	200m:	2:14.30	36.18	300m:	3:25.30	35.56	400m:	4:32.26	32.01
4.				00	1			4:37.88	2		496	
	50m:	30.57	30.57	150m:	1:39.65	35.21	250m:	2:51.24	36.00	350m:	4:02.30	35.64
	100m:	1:04.44	33.87	200m:	2:15.24	35.59	300m:	3:26.66	35.42	400m:	4:37.88	35.58
5.				01	2			4:38.84	2		491	
	50m:	30.71	30.71	150m:	1:39.81	34.62	250m:	2:50.96	35.53	350m:	4:03.92	36.61
	100m:	1:05.19	34.48	200m:	2:15.43	35.62	300m:	3:27.31	36.35	400m:	4:38.84	34.92

ALGE SWIM TIME

50m

Splash Meet Manager 11, 11.41395

Registered to Volga Federal District/Republic of Bashkortostan

28.03.2016 9:47 -

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2000-2001 . .
 , 24-26

2002-2003 . .
 2016 .

		30, , 400m				2000 - 2001						
6.				01				4:39.92	2		485	
	50m:	29.66	29.66	150m:	1:38.23	35.30	250m:	2:52.03	36.86	350m:	4:05.07	36.35
	100m:	1:02.93	33.27	200m:	2:15.17	36.94	300m:	3:28.72	36.69	400m:	4:39.92	34.85
7.				01 1				4:44.05	2		465	
	50m:	31.16	31.16	150m:	1:41.96	36.11	250m:	2:55.16	36.72	350m:	4:08.26	36.40
	100m:	1:05.85	34.69	200m:	2:18.44	36.48	300m:	3:31.86	36.70	400m:	4:44.05	35.79
8.				00 2				4:46.27	2		454	
	50m:	30.20	30.20	150m:	1:40.29	35.81	250m:	2:53.16	36.65	350m:	4:08.81	37.98
	100m:	1:04.48	34.28	200m:	2:16.51	36.22	300m:	3:30.83	37.67	400m:	4:46.27	37.46
9.				00 2				4:49.12	2		441	
	50m:	29.73	29.73	150m:	1:41.05	36.48	250m:	2:56.13	37.65	350m:	4:12.41	38.05
	100m:	1:04.57	34.84	200m:	2:18.48	37.43	300m:	3:34.36	38.23	400m:	4:49.12	36.71
10.				01 2				4:50.22	2		436	
	50m:	29.67	29.67	150m:	1:40.05	36.37	250m:	2:55.22	38.01	350m:	4:12.24	38.72
	100m:	1:03.68	34.01	200m:	2:17.21	37.16	300m:	3:33.52	38.30	400m:	4:50.22	37.98
11.				01 2				4:53.15	2		423	
	50m:	31.26	31.26	150m:	1:45.21	37.92	250m:	3:01.48	38.23	350m:	4:17.14	38.01
	100m:	1:07.29	36.03	200m:	2:23.25	38.04	300m:	3:39.13	37.65	400m:	4:53.15	36.01
12.				01 2				4:53.20	2		422	
	50m:	32.22	32.22	150m:	1:46.79	37.98	250m:	3:01.77	37.33	350m:	4:17.05	37.14
	100m:	1:08.81	36.59	200m:	2:24.44	37.65	300m:	3:39.91	38.14	400m:	4:53.20	36.15
13.				01				4:53.98	2		419	
	50m:	33.70	33.70	150m:	1:45.76	36.60	250m:	3:01.40	37.70	350m:	4:17.20	37.79
	100m:	1:09.16	35.46	200m:	2:23.70	37.94	300m:	3:39.41	38.01	400m:	4:53.98	36.78
14.				01 2				4:57.20	2		406	
	50m:	31.48	31.48	150m:	1:43.40	36.81	250m:	2:59.98	38.54	350m:	4:18.29	39.13
	100m:	1:06.59	35.11	200m:	2:21.44	38.04	300m:	3:39.16	39.18	400m:	4:57.20	38.91
15.				01				4:57.70	2		403	
	50m:	32.66	32.66	150m:	1:47.90	38.06	250m:	3:06.32	39.49	350m:	4:23.17	37.75
	100m:	1:09.84	37.18	200m:	2:26.83	38.93	300m:	3:45.42	39.10	400m:	4:57.70	34.53
16.				01 2				4:59.40	2		397	
	50m:	30.17	30.17	150m:	1:41.51	36.99	250m:	2:59.69	39.01	350m:	4:20.03	39.89
	100m:	1:04.52	34.35	200m:	2:20.68	39.17	300m:	3:40.14	40.45	400m:	4:59.40	39.37
17.				01				5:05.33	2		374	
	50m:	32.92	32.92	150m:	1:48.42	38.46	250m:	3:08.19	39.69	350m:	4:28.90	39.62
	100m:	1:09.96	37.04	200m:	2:28.50	40.08	300m:	3:49.28	41.09	400m:	5:05.33	36.43
18.				01 2				5:06.11	2		371	
	50m:	34.41	34.41	150m:	1:51.75	39.13	250m:	3:10.53	39.47	350m:	4:28.82	38.72
	100m:	1:12.62	38.21	200m:	2:31.06	39.31	300m:	3:50.10	39.57	400m:	5:06.11	37.29
19.				01 2				5:30.92	3		294	
	50m:	35.83	35.83	150m:	1:59.14	42.89	250m:	3:25.11	43.20	350m:	4:50.50	42.50
	100m:	1:16.25	40.42	200m:	2:41.91	42.77	300m:	4:08.00	42.89	400m:	5:30.92	40.42



2000-2001 . .
24-26

2002-2003 . .
2016 .

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, 4 x 100m

26.03.2016

: FINA 2016

1.					4:00.31		480
		+0,91	28.61	59.75	+0,69	29.65	1:01.24
		+0,65	29.39	1:01.75	+0,50	26.73	57.57
2.					4:07.25		441
		+0,87	28.34	59.15	+0,70	31.31	1:05.90
		+0,52	28.12	1:00.24	+0,77	29.77	1:01.96
3.					4:07.95		437
		+0,75	26.72	56.10	+0,67	33.17	1:09.71
		+0,47	26.37	55.88	+0,36	31.32	1:06.26
4.					4:08.18		436
		+0,71	28.04	57.71	+0,86	32.91	1:08.31
		+0,90	32.39	1:07.75	+0,54	25.93	54.41
5.					4:14.53		404
		+0,84	26.73	56.00	+0,65	33.83	1:11.66
		+1,00	33.84	1:11.05	+0,61	26.32	55.82
6.					4:19.38		382
		+0,89	33.62	1:11.04	+0,70	27.41	57.49
		+0,55	33.36	1:11.99	+0,41	28.04	58.86
7.					4:23.11		366
		+0,77	27.30	58.60	+0,39	34.71	1:13.18
		+0,68	33.61	1:11.13	+0,49	28.01	1:00.20
8.					4:24.15		361
		+0,56	28.45	59.88	+0,82	30.03	1:03.93
		+0,95	34.81	1:13.75	+0,76	31.27	1:06.59
9.					4:26.54		352
		+0,65	29.05	1:01.01	+0,51	28.96	1:00.68
		+0,85	35.29	1:14.15	+0,76	33.60	1:10.70
10.					4:29.45		340
		03	36.32	1:15.81	02	34.83	1:14.25
		01	28.16	58.60	00	27.98	1:00.79
11.					4:36.39		315
		+0,89	29.05	1:02.05	+0,69	34.06	1:14.92
		+0,62	36.20	1:18.03	+0,69	29.49	1:01.39
12.					4:51.25		269
		+0,87	31.15	1:07.66	+0,42	38.22	1:20.44
		+0,66	37.93	1:21.88	+0,75	29.22	1:01.27
13.					4:59.18		249
		+0,86	30.99	1:05.37	+0,68	39.40	1:25.77
		+0,64	34.83	1:13.88	+0,69	32.87	1:14.16

ALGE SWIM TIME

50m

Splash Meet Manager 11, 11.41395

Registered to Volga Federal District/Republic of Bashkortostan

28.03.2016 9:47 -

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